

# Bio-Machines and Bio-Manufacturing

## 生物机器和生物制造

Xuanhe Zhao 赵选贺

*Soft Active Materials Laboratory, MIT*

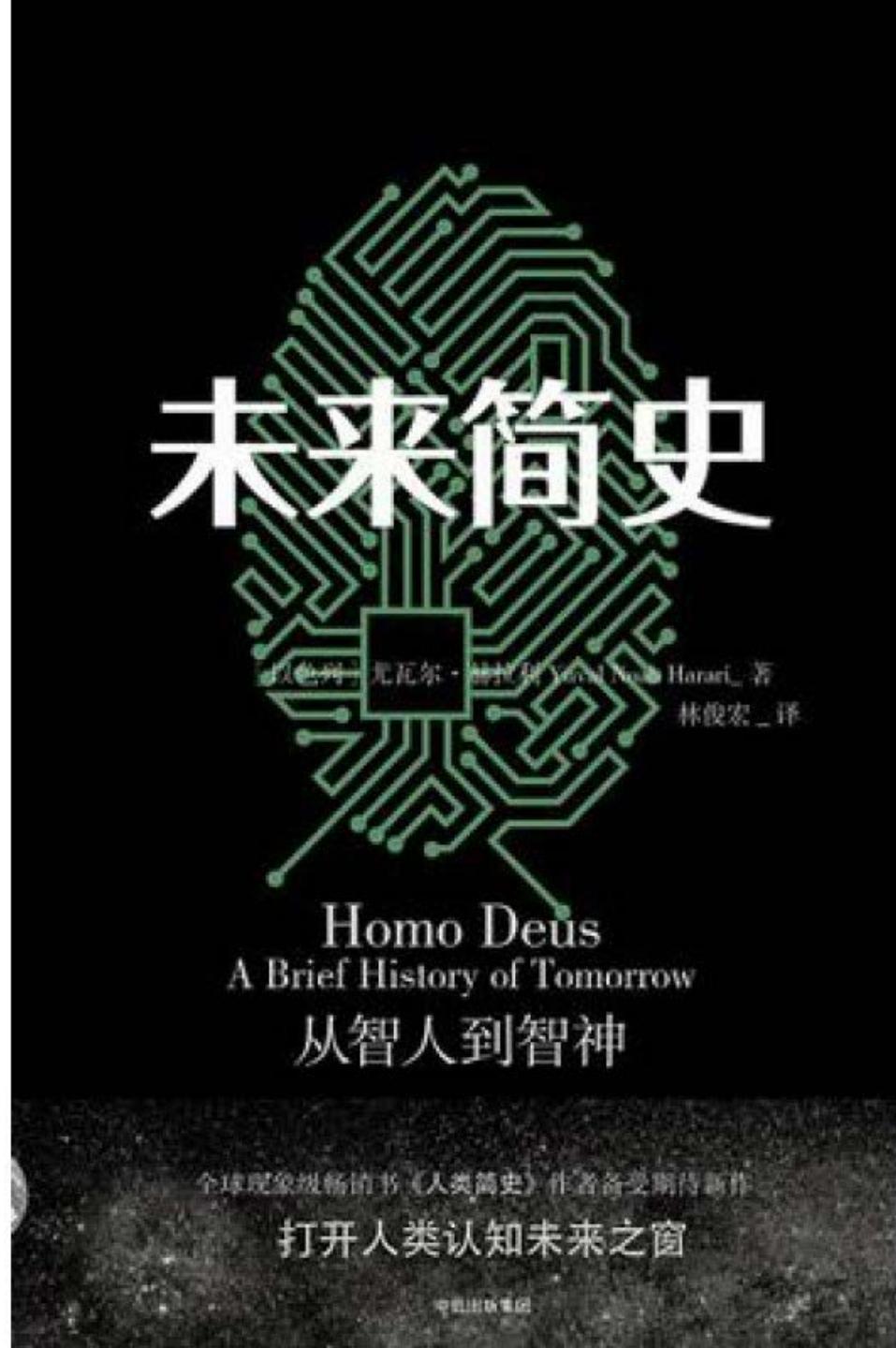
MIT活性软体材料实验室

[zhaox.org](http://zhaox.org)

[zhaox@mit.edu](mailto:zhaox@mit.edu)



2017 MIT China Conference  
Oct 26 2017, Shanghai



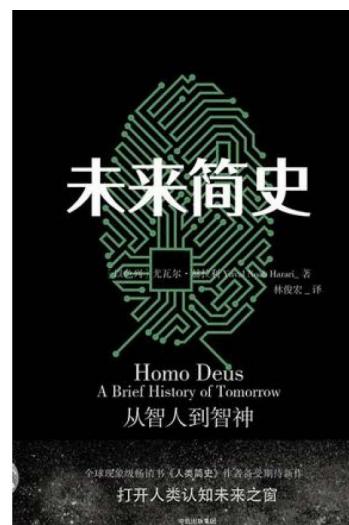
**Yuval Noah Harari**

# Converging Technologies will Give Human 人机科技融合可以带给人类



- **Genetics**
- **Organ regeneration**
- **Synthetic biology**
- **Nano-medicine**
- ... ...

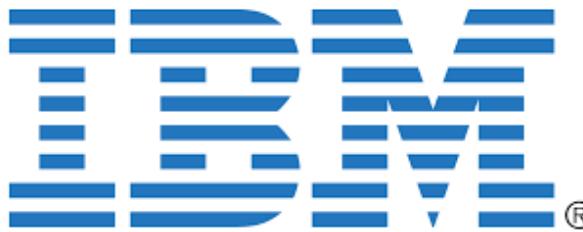
- **Immortality 永生**
- **Happiness 快乐**
- **Divinity 神性**



- **AI**
- **IoT**
- **Robotics**
- **Electronics**
- **Nano-materials**
- ... ...



Humans must merge with machines or  
become irrelevant in AI age -- **Elon Musk**  
人机融合或被人工智能时代淘汰



National Institutes  
of Health



# Short-Term: Medical Implants

医疗植入器械

Deep Brain  
Neurostimulators



Cochlear Implants  
COCHLEAR IMPLANTS



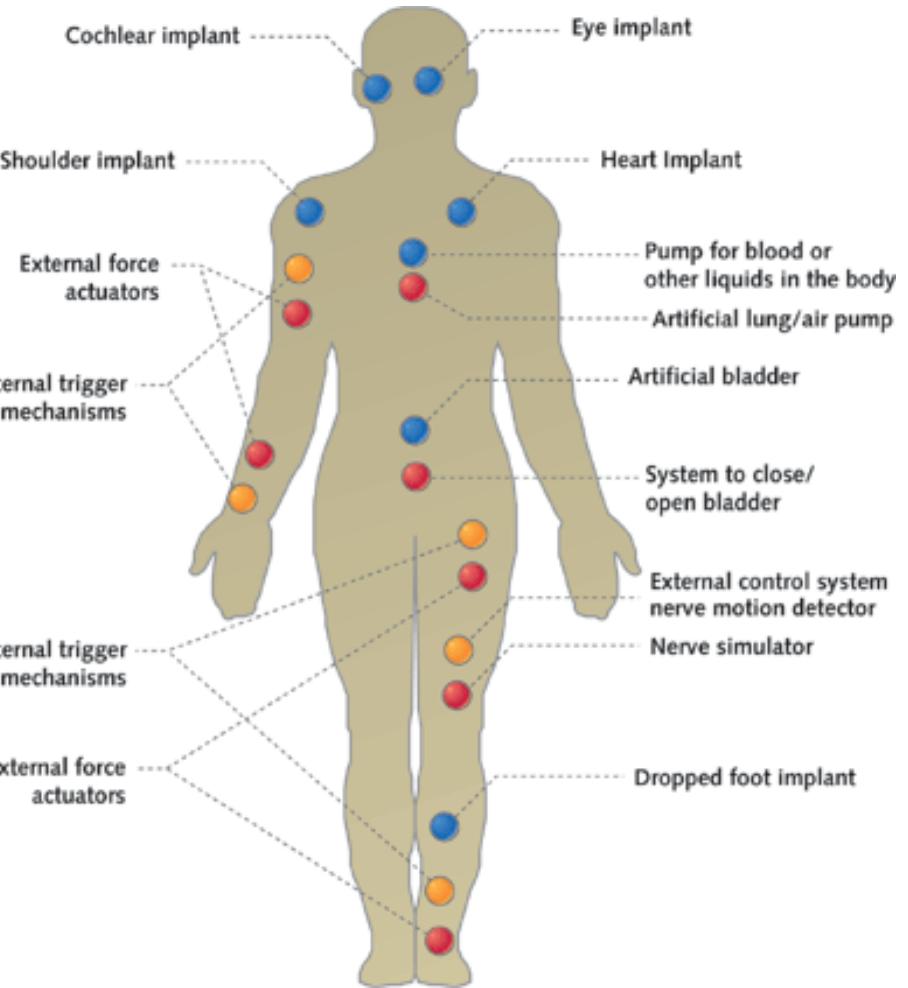
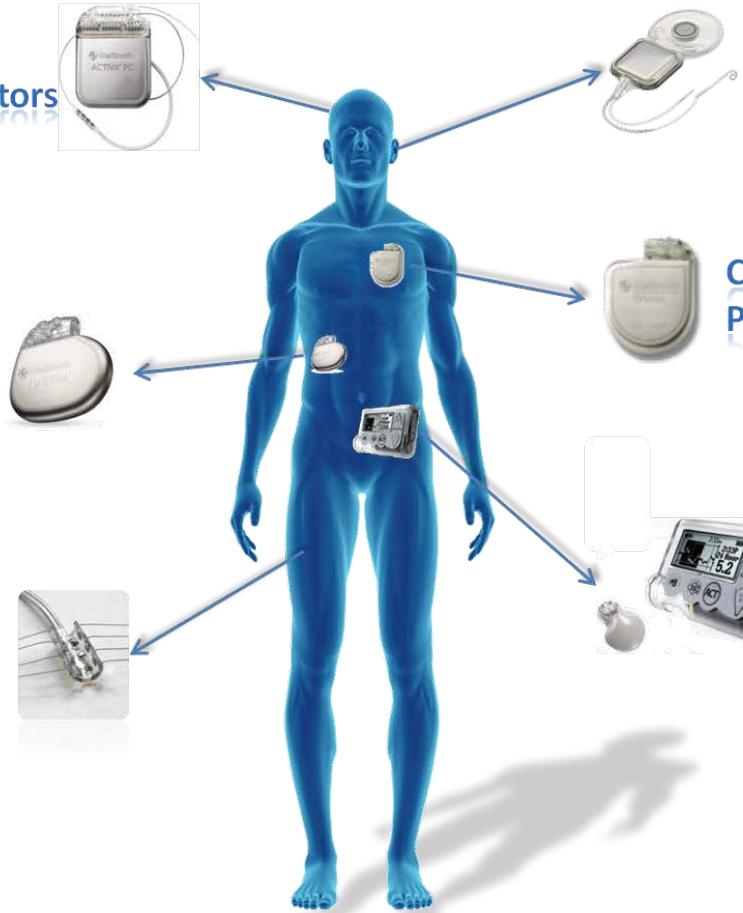
Cardiac Defibrillators/  
Pacemakers  
CARDIAC DEFIBRILLATORS



Foot Drop  
Implants



Insulin Pumps



Annual Medical Implants Market is expected to exceed \$116 billion by 2022.  
(医疗植入器械5年内将成为年千亿美元产业)

# Short-Term: Wearable Devices 可穿戴仪器



CREDIT SUISSE

**Wearable Technology Market worth \$51.60 Billion by 2022**  
(可穿戴仪器5年内将成为年500亿美元产业)

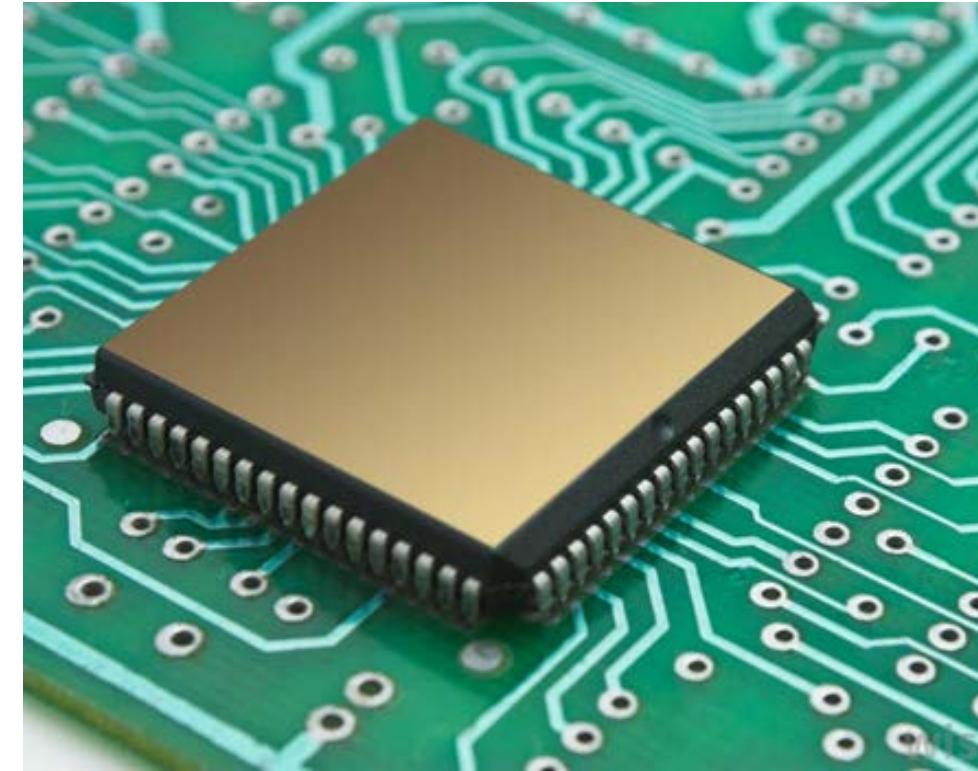
# Grand Challenges in Materials, Mechanics & Manufacturing

## 材料, 机械, 制造领域的重大挑战



**Soft, Wet, Living**  
柔软,含水,生命

**Merge?**  
怎么融合?

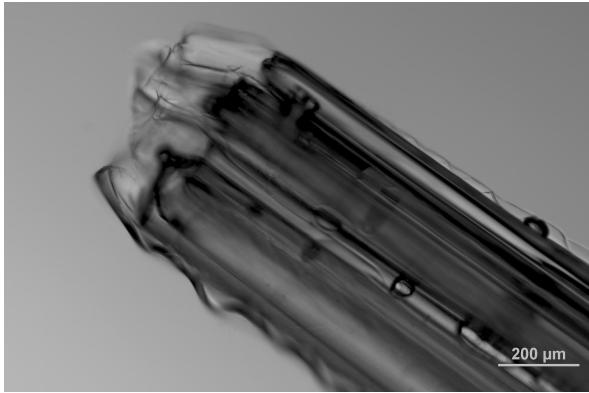


**Hard, Dry, Non-living**  
坚硬,干燥,无生命

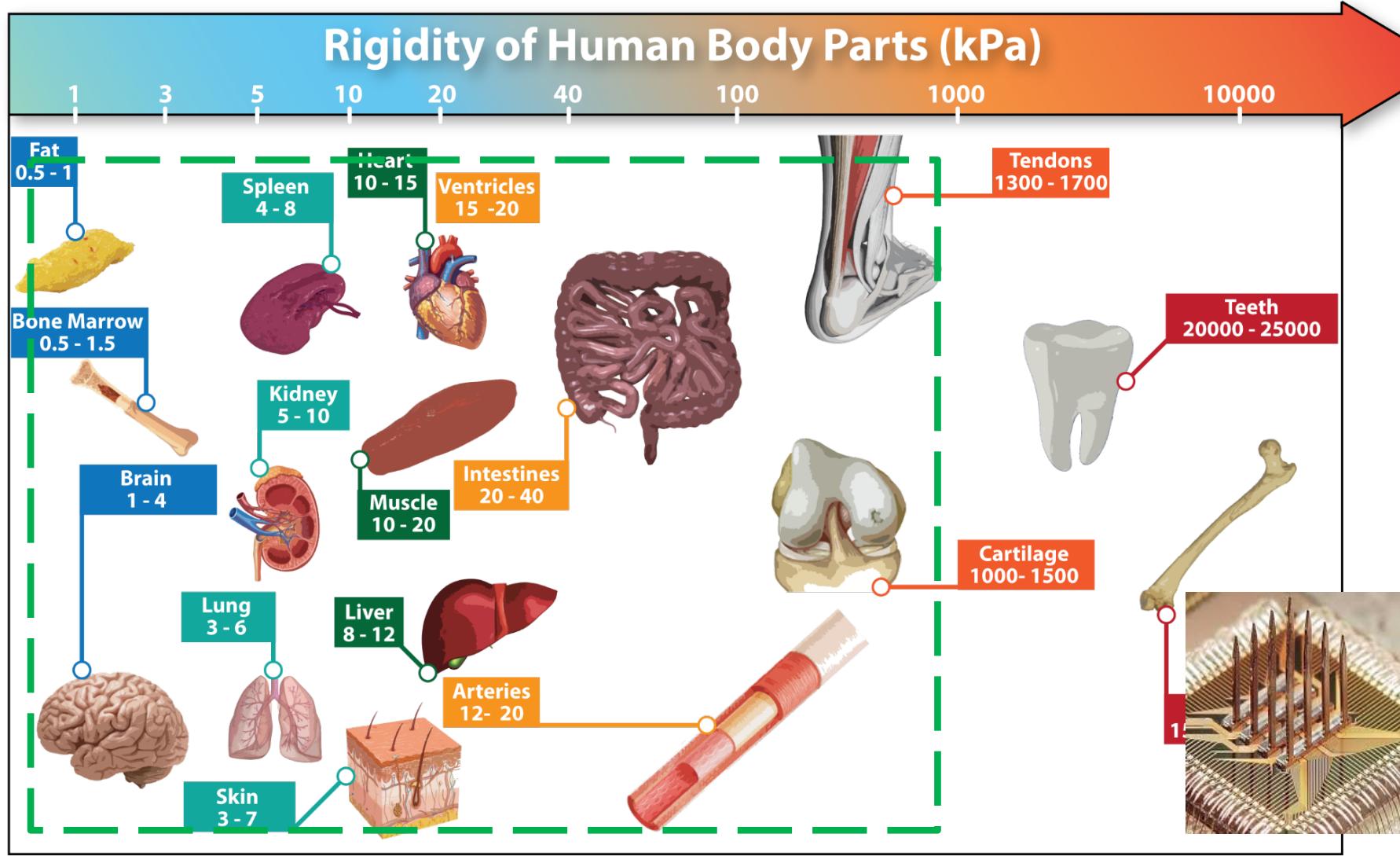
# Major Components of Human Body are Soft Materials

人体主要是由软材料组成的

- Soft: 1kPa~10MPa;
- Wet: 70~90% water
- Living: growth, sensing, responding, self-healing
- Robust: under millions of cycles of loads.



Hydrogel Neural Probe with Anikeeva  
超软水凝胶神经探头



# Merging Human Body and Machines

人机融合



**Soft, Wet, Living**  
柔软,含水,生命



**Soft living machines**  
柔软活性机器



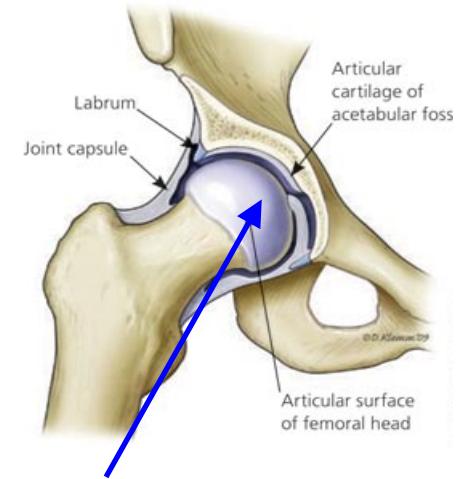
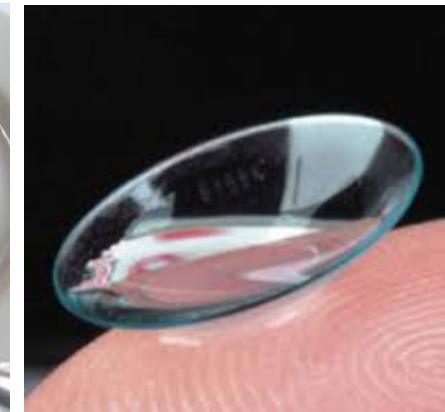
**Hard, Dry, Non-living**  
坚硬,干燥,无生命

# **Soft Living Machines**

## 柔软活性机器

- **Robust soft materials (tough, strong, anti-fatigue)**  
坚韧的软材料
- **Robust interfaces (with metals, silicon, elastomers et al)**  
坚韧的界面
- **Personalized manufacture (3D/4D Printing)**  
个性化制造

# Design of soft materials with high toughness? 如何设计坚韧的软材料？

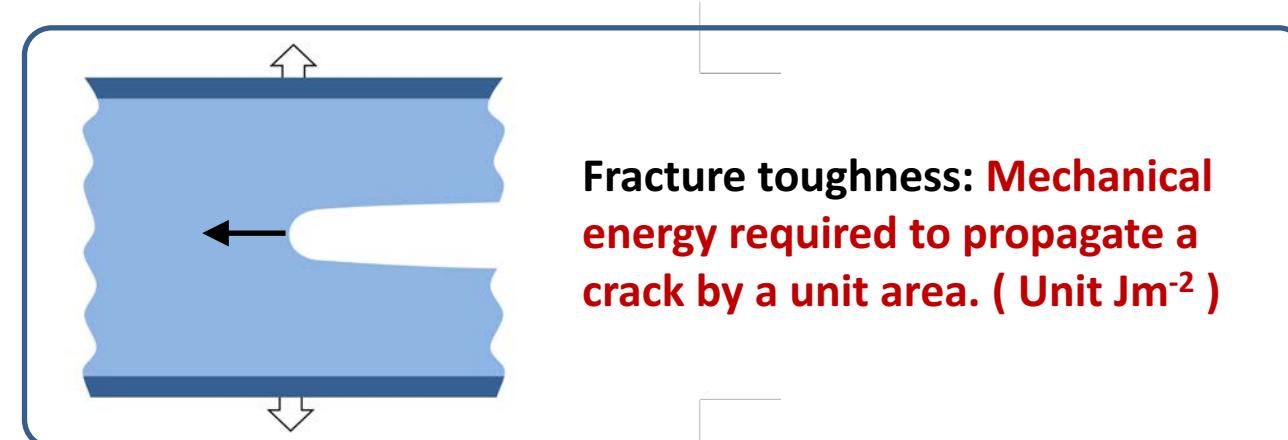


Fracture  
toughness:  $\sim 1 \text{ Jm}^{-2}$ ;

$\sim 10 \text{ Jm}^{-2}$

$\sim 100 \text{ Jm}^{-2}$

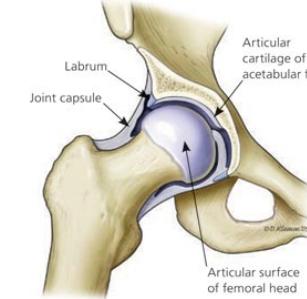
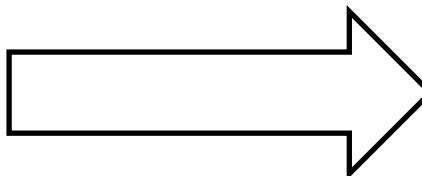
$>1000 \text{ Jm}^{-2}$





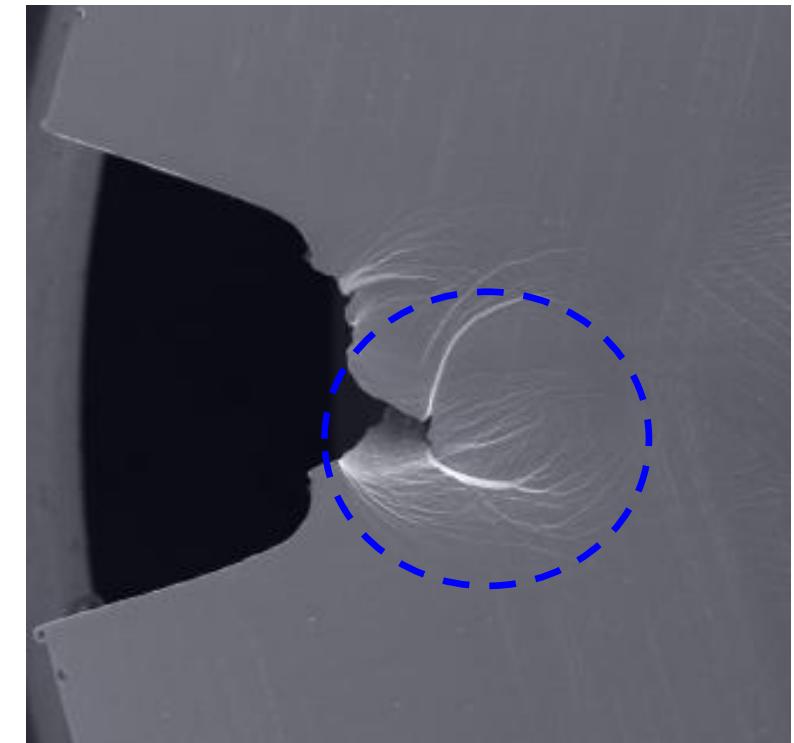
Conventional hydrogel  
Fracture toughness  $\sim 1 \text{ J m}^{-2}$   
传统水凝胶很脆弱

## Glass 玻璃



Cartilage  
Fracture toughness  $\sim 1,000 \text{ J m}^{-2}$   
软骨很坚韧

## Metal 金属



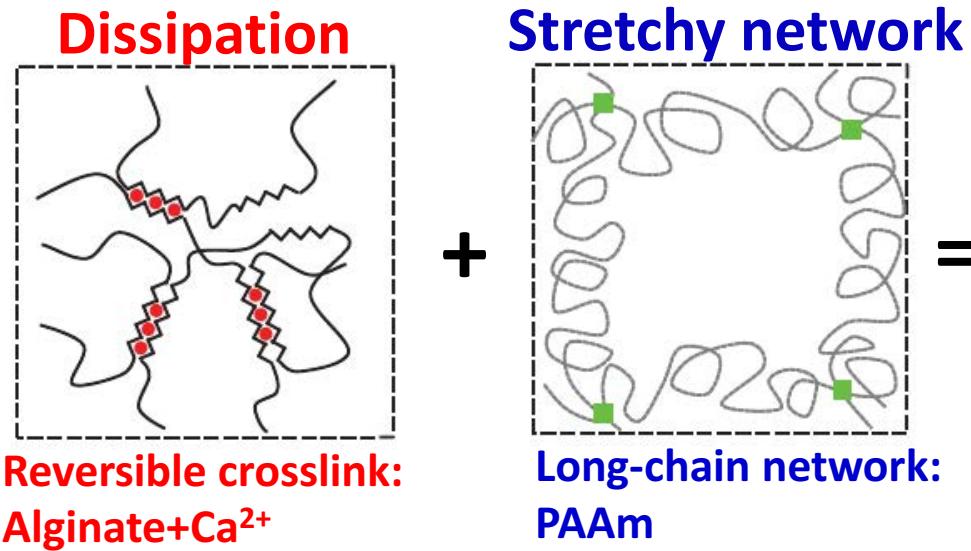
Fracture toughness  
= Surface energy

Zhao, Soft Matter, 10, 672 (2014)  
Zhao, PNAS, 114, 8138 (2017)

Fracture toughness  
= Surface energy +  
Dissipation in a zone

# Tough Soft Materials: Build dissipation into stretchy network.

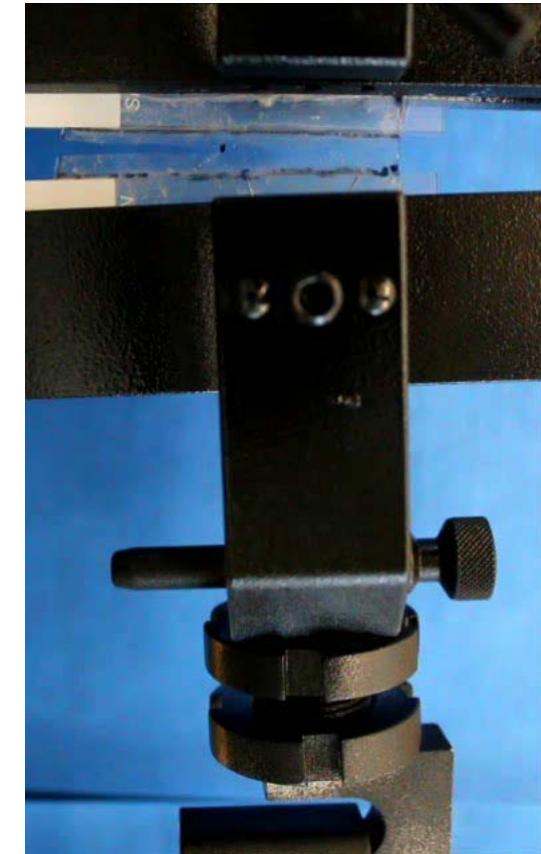
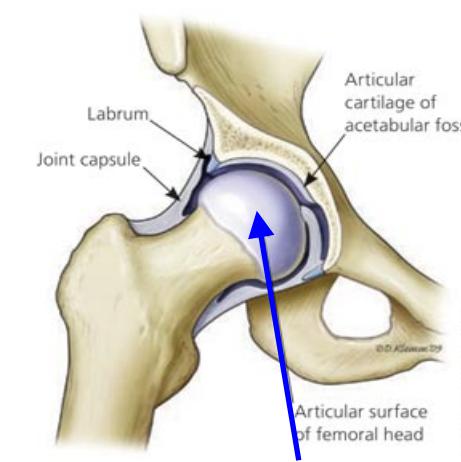
## 坚韧软材料:在可拉伸网络里建立能量耗散



- ~90% water
- Fracture energy 9000 Jm<sup>-2</sup>
- Stretchability 21 times

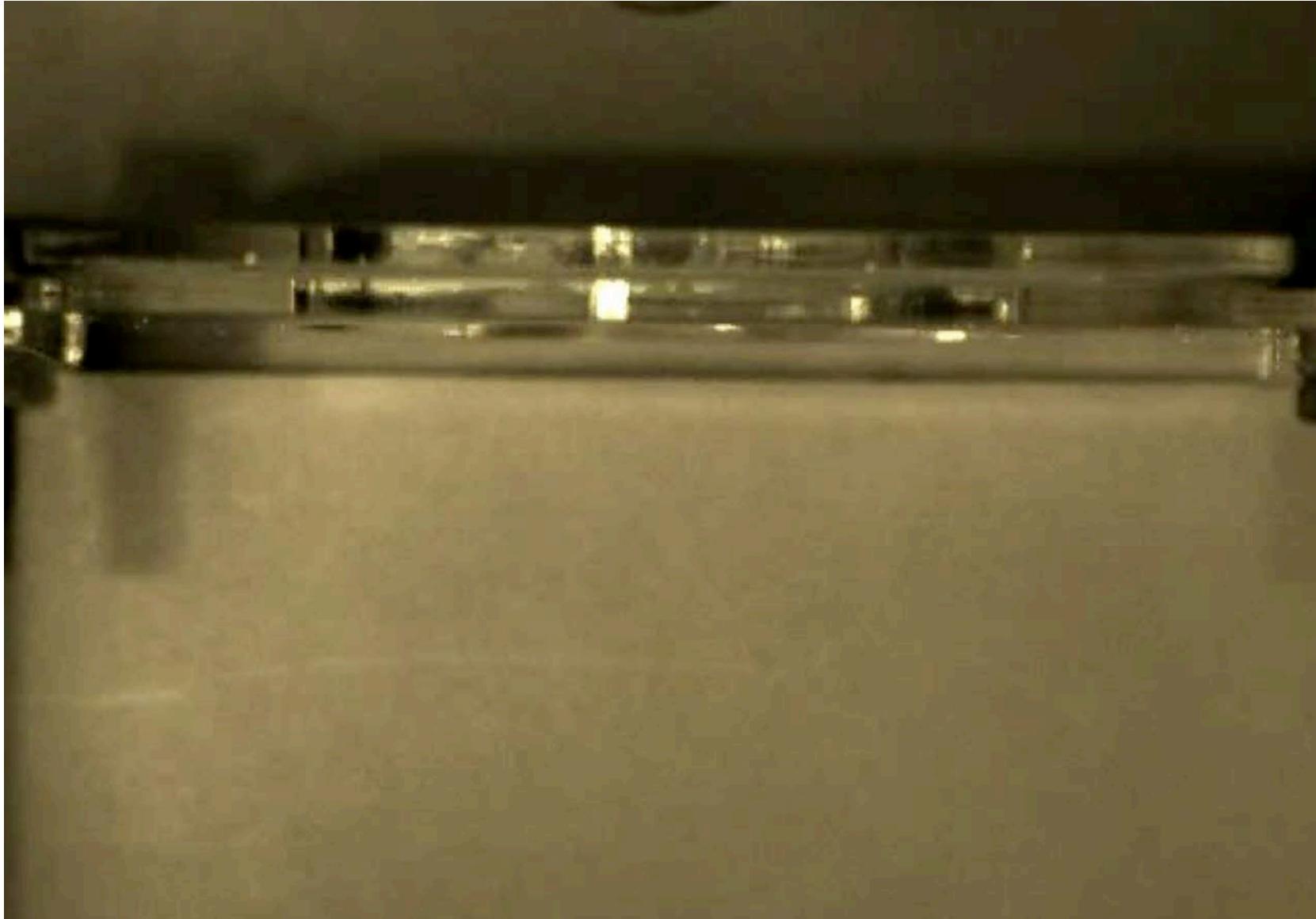
Sun et al, Nature, 489, 133 (2012)

in collaboration with Prof. Suo, Vlassak and Mooney



Patent at Harvard and MIT  
在Harvard和MIT的专利

# Hydrogel film with 90% water and 1mm thickness

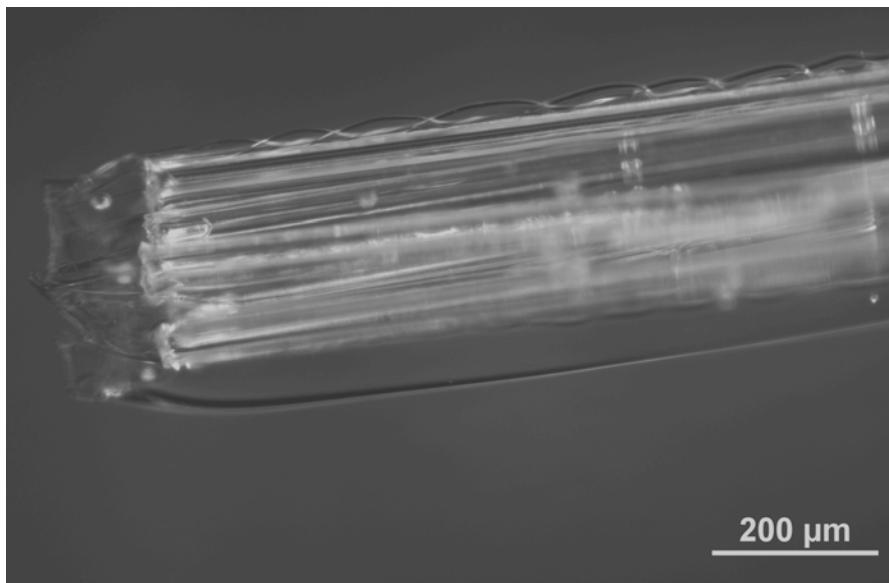


- 1毫米厚
- 含水90%以上
- “防弹”软材料

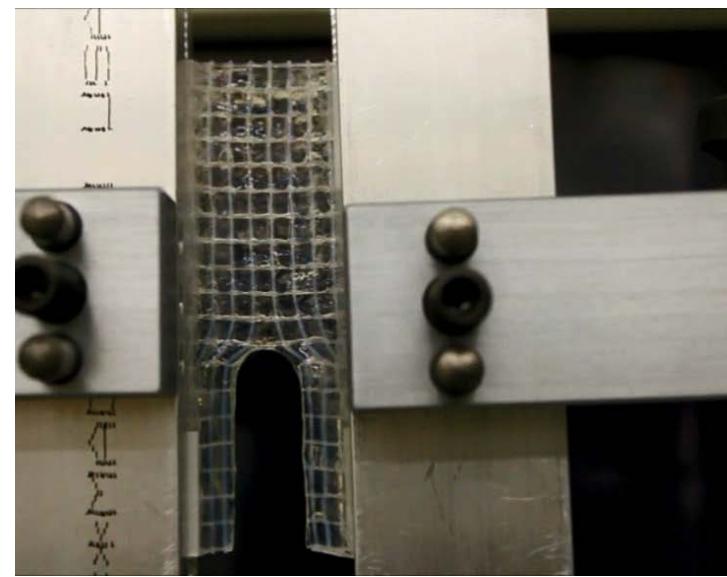
Impact of a ball of 64 g at 6m/s

# Robust Soft Materials -- A Wide Range of Rigidity

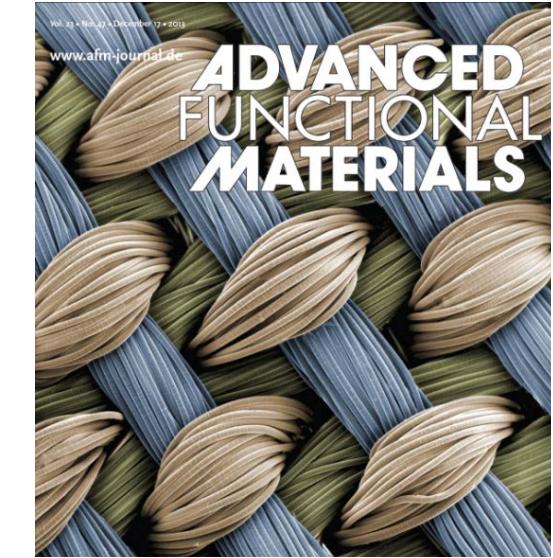
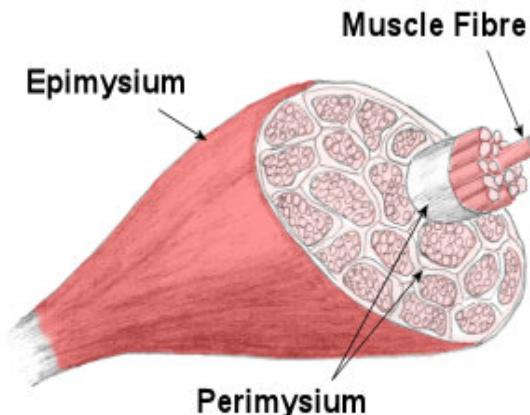
## 不同硬度适配不同人体部位



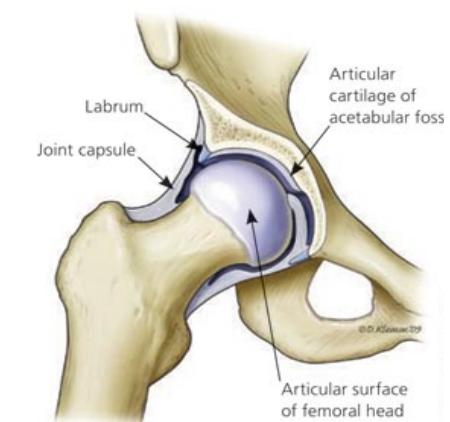
1~5 kPa;  
1,000  $\text{Jm}^{-2}$



10~100 kPa;  
1~10  $\text{kNm}^{-2}$



1~10 MPa  
10~50  $\text{kNm}^{-2}$



Patent at MIT 在MIT的专利

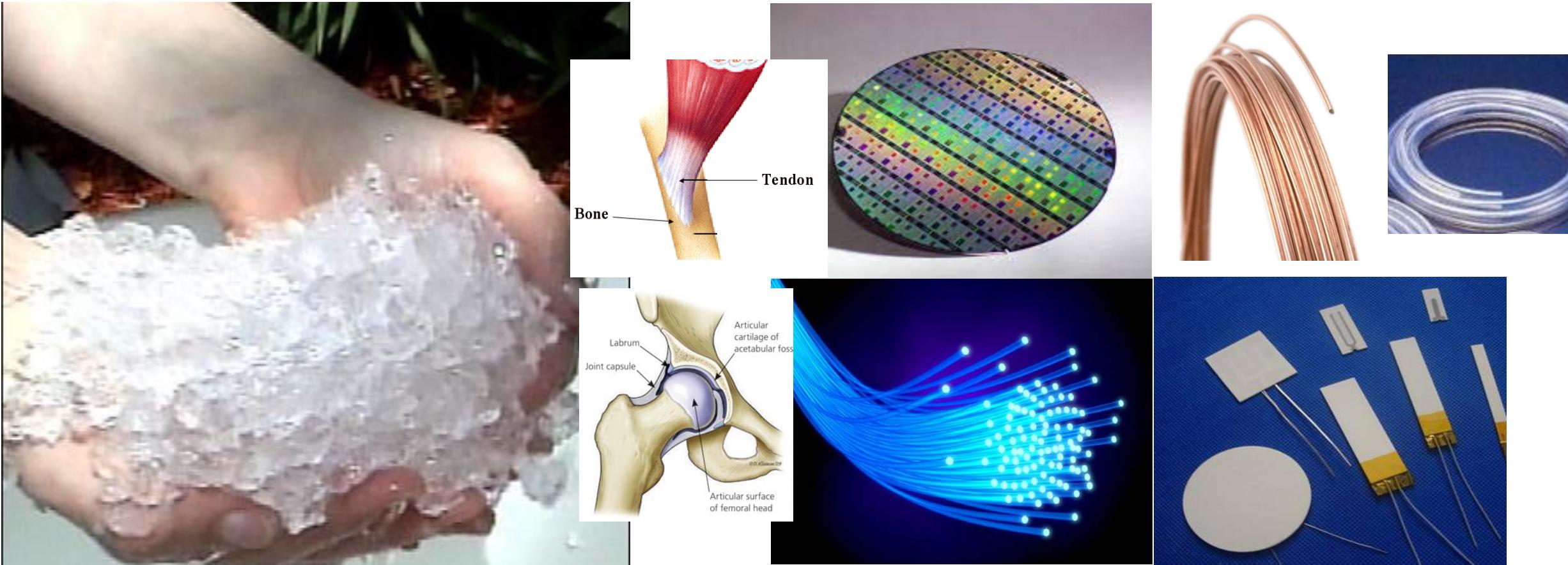
# Soft Living Machines

## 柔软活性机器

- Robust interfaces (with metals, silicon, elastomers et al)  
坚韧的界面

# Robust Interfaces

## 坚韧的界面



90% water; ~kPa

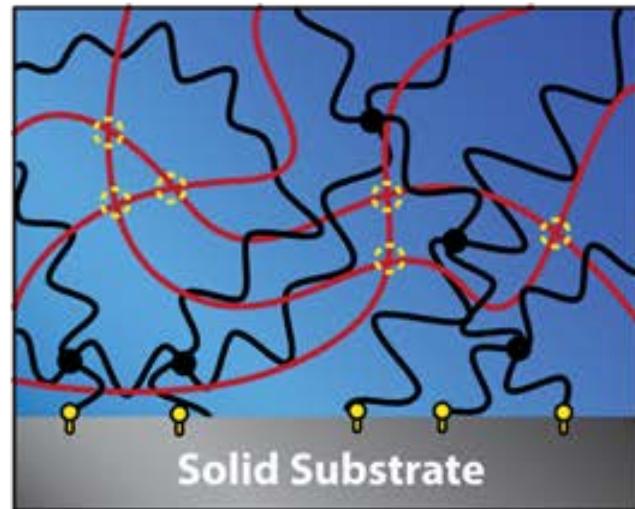
Diverse engineering solids; MPa~GPa

# Tough Soft Materials: Build dissipation into stretchy network.

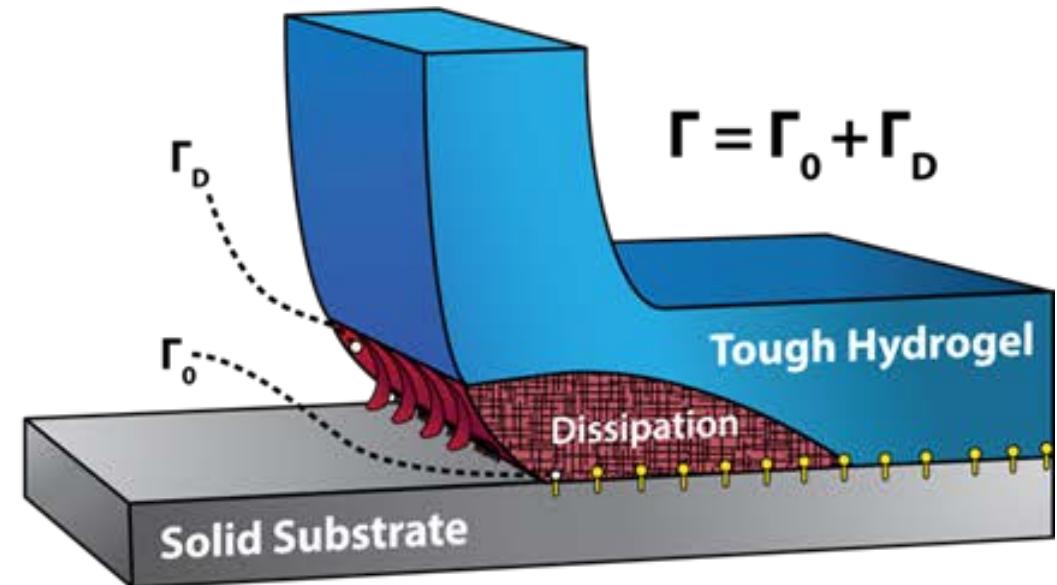
坚韧软材料:在可拉伸网络里建立能量耗散

## Tough Interface: Anchor stretchy network on solid surface.

坚韧界面: 固定可拉伸网络在固体表面



Wavy line: Long-chain Polymer Network  
Solid line: Dissipative Polymer Network  
Crosslink symbol: Covalent Crosslinks  
Star-like symbol: Reversible Crosslinks  
Yellow dot: Chemically Anchored Long-chain Polymer Network on Solids

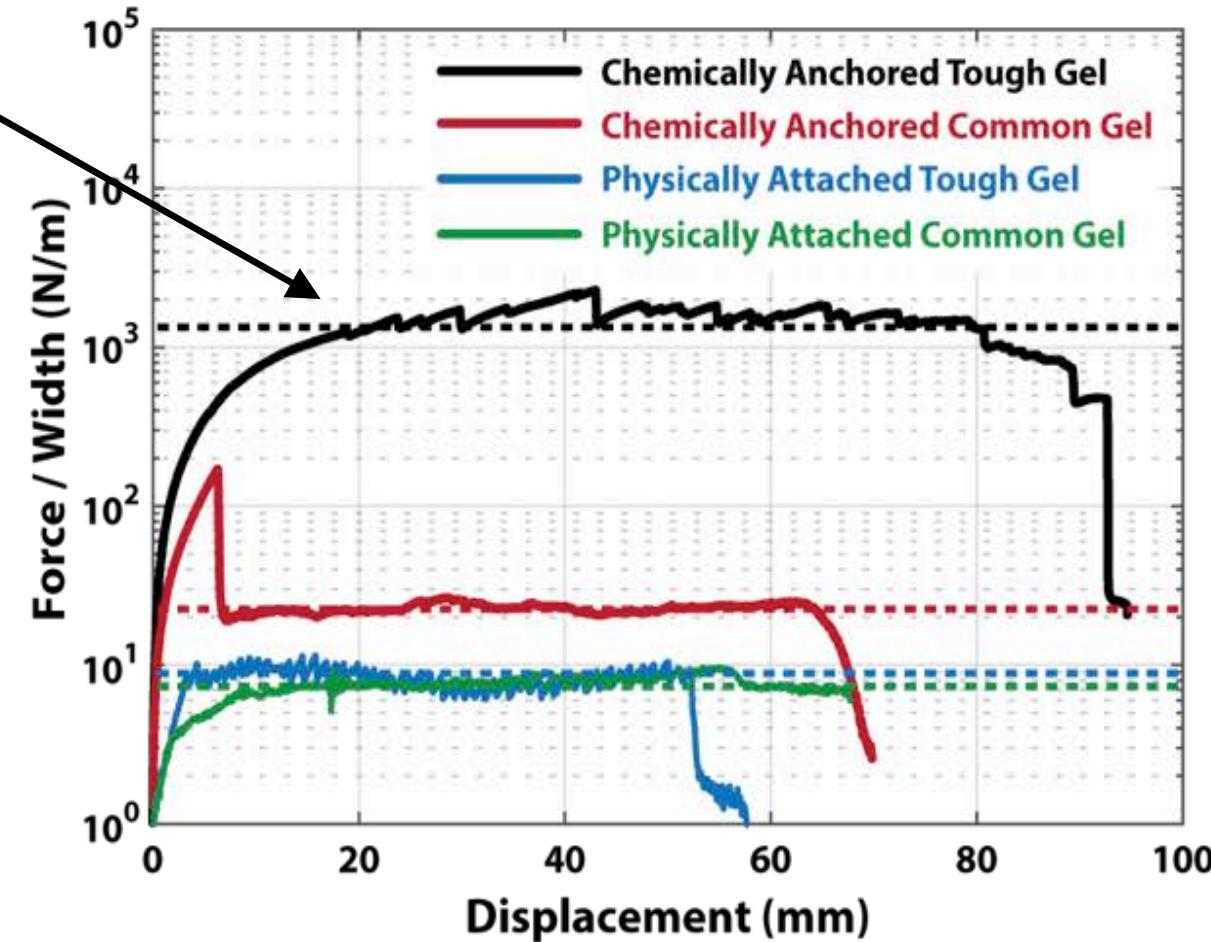
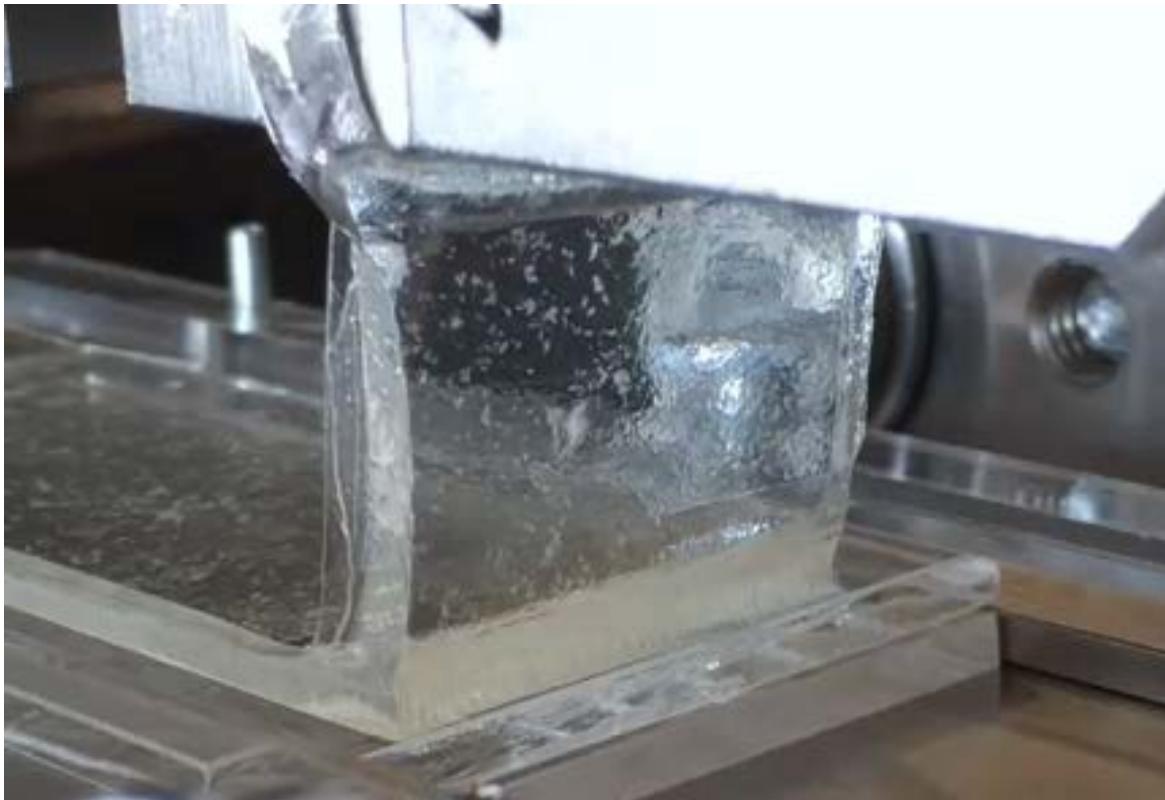


Yuk et al, Nature Materials, 15, 190 (2016)

Yuk et al, Nature Communications 7, 12028 (2016)

Patent at MIT  
在MIT的专利

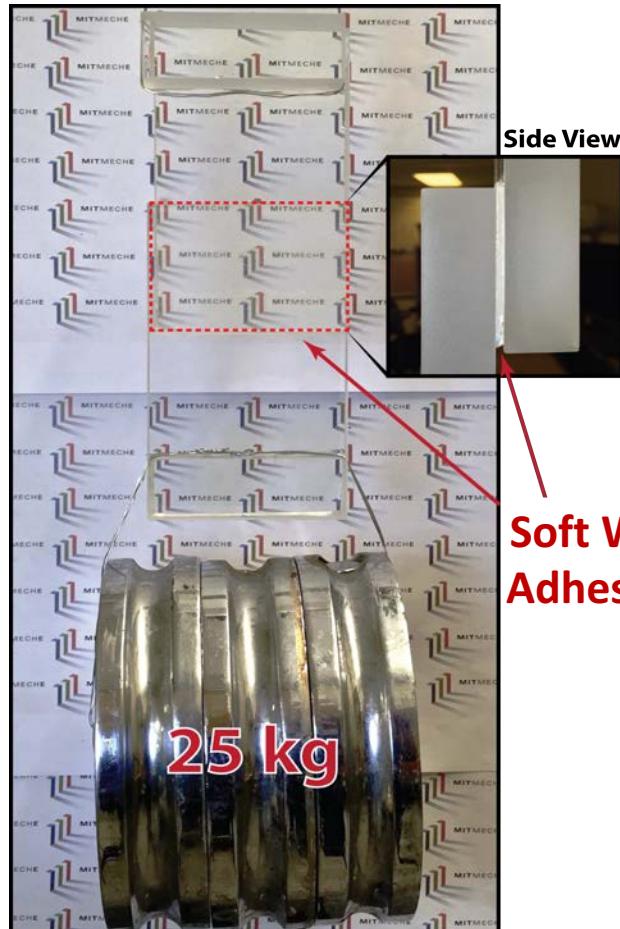
# Hydrogels with 90% water adhered on Si, SiO<sub>2</sub>, glass, ceramics, Ti, Al, Fe, Elastomers et al



Detachment and Finger Instability

Yuk et al, Nature Materials, 15, 190 (2016)

# Hydrogel-Engineering Material Hybrids



With glass



With silicon

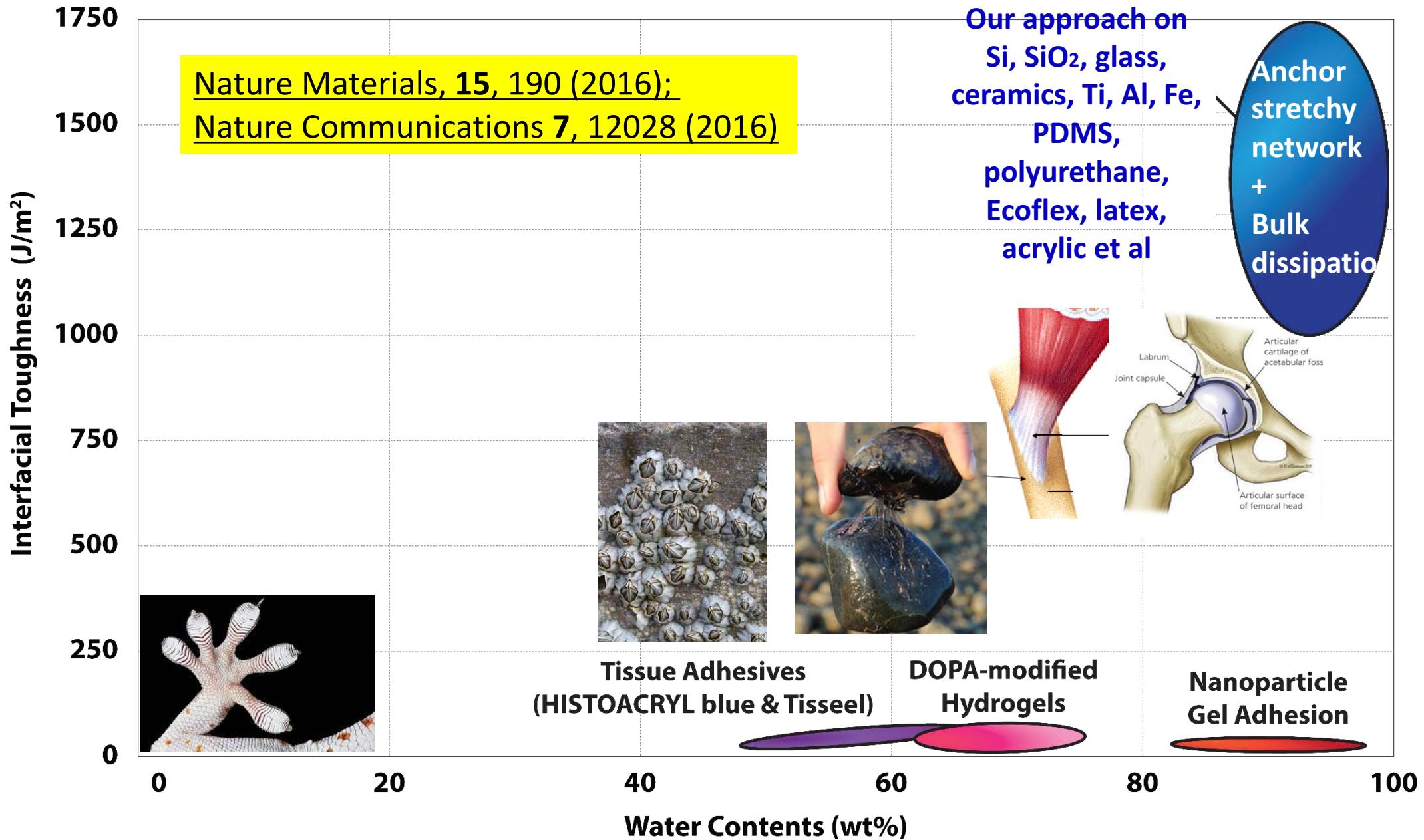


With ceramics

Patent at MIT

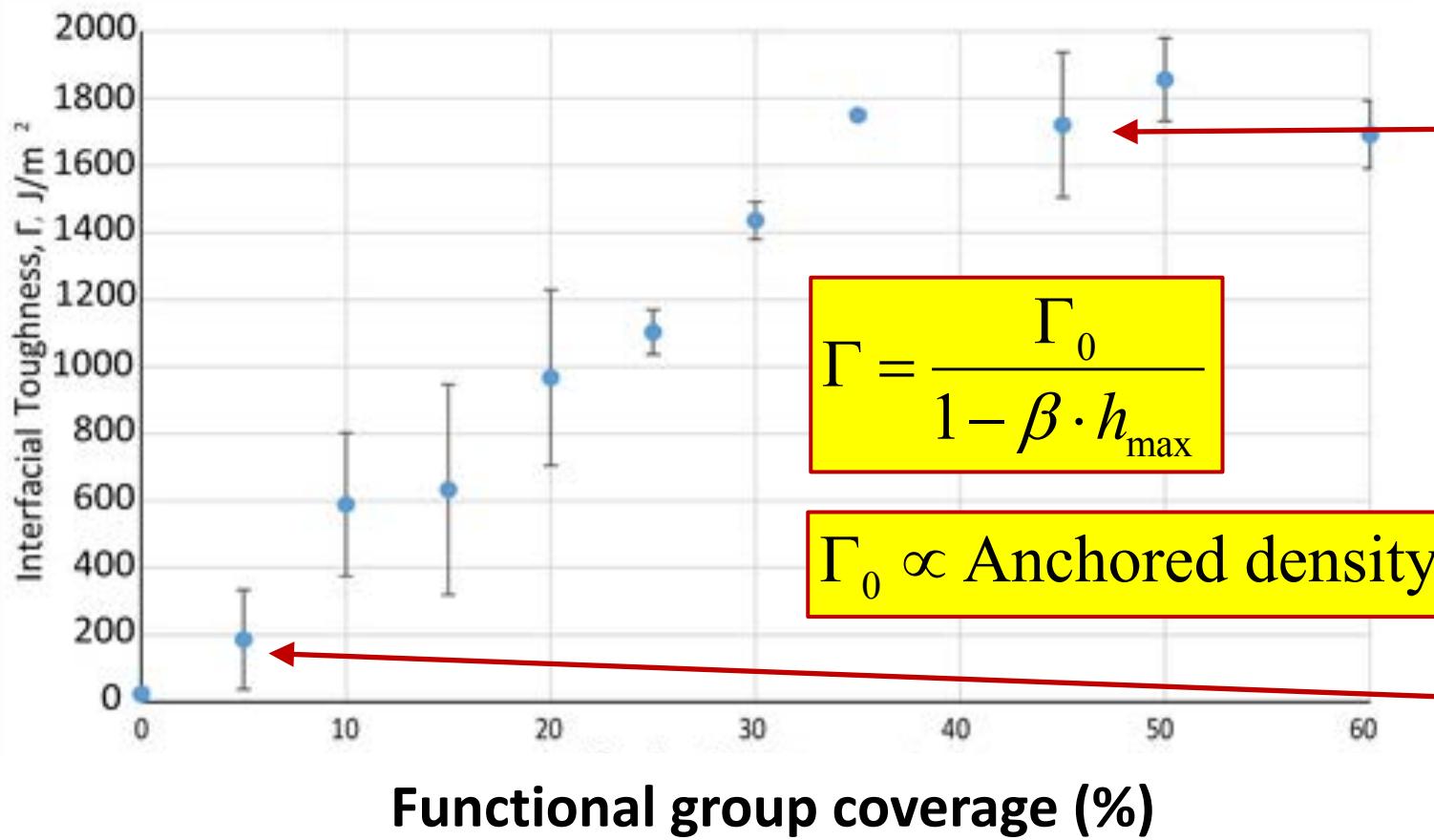


With elastomer



# Tunable Adhesion from 1 to 1000 Jm-2

可调节的粘性



Zhang et al, AMS, 33, 543 (2017)



Hydrogel bandage 水凝胶创可贴

# **Soft Living Machines**

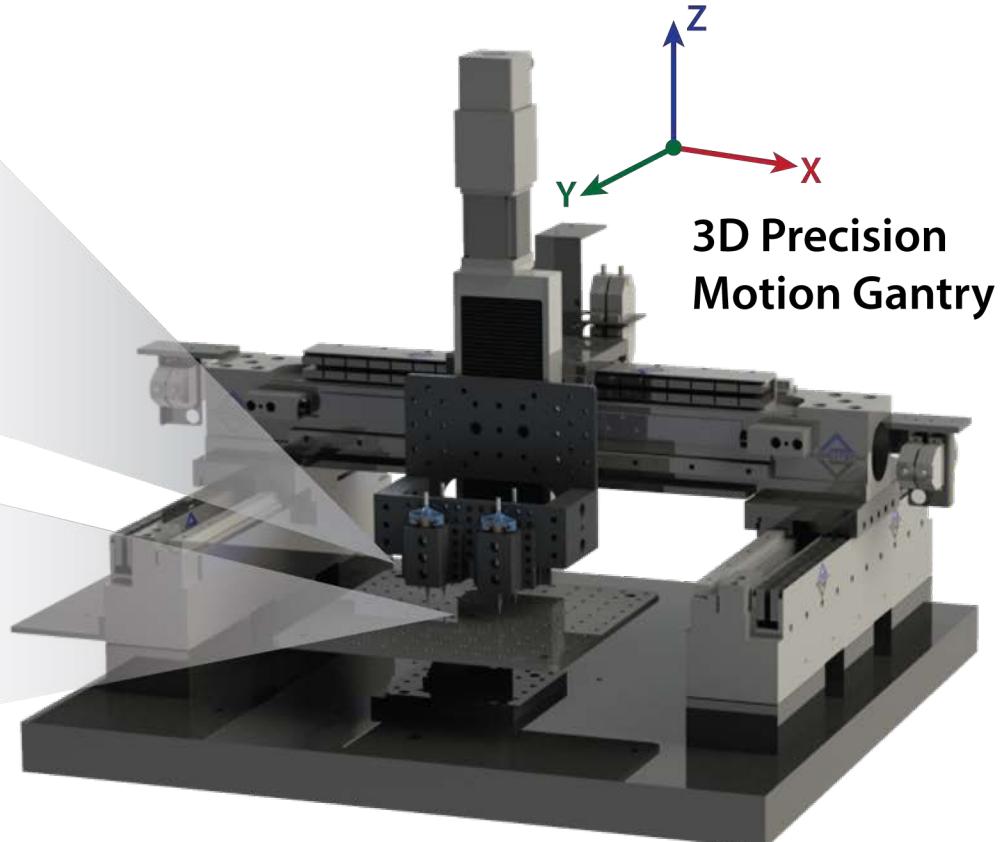
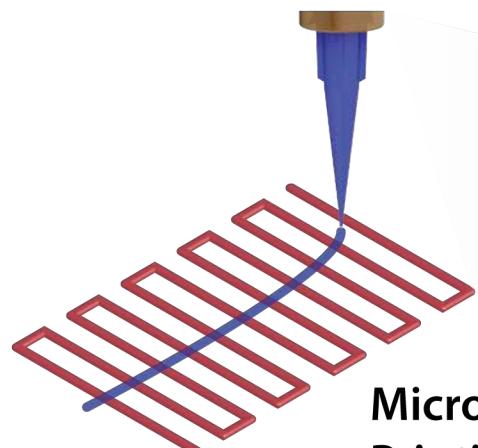
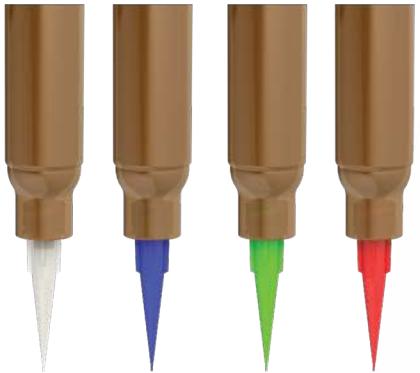
## 柔软活性机器

- **Personalized manufacture (3D/4D Printing)**  
个性化制造

# Multi-material 3D Bio-printer

## 多材料3D生物打印

Multi-material inks

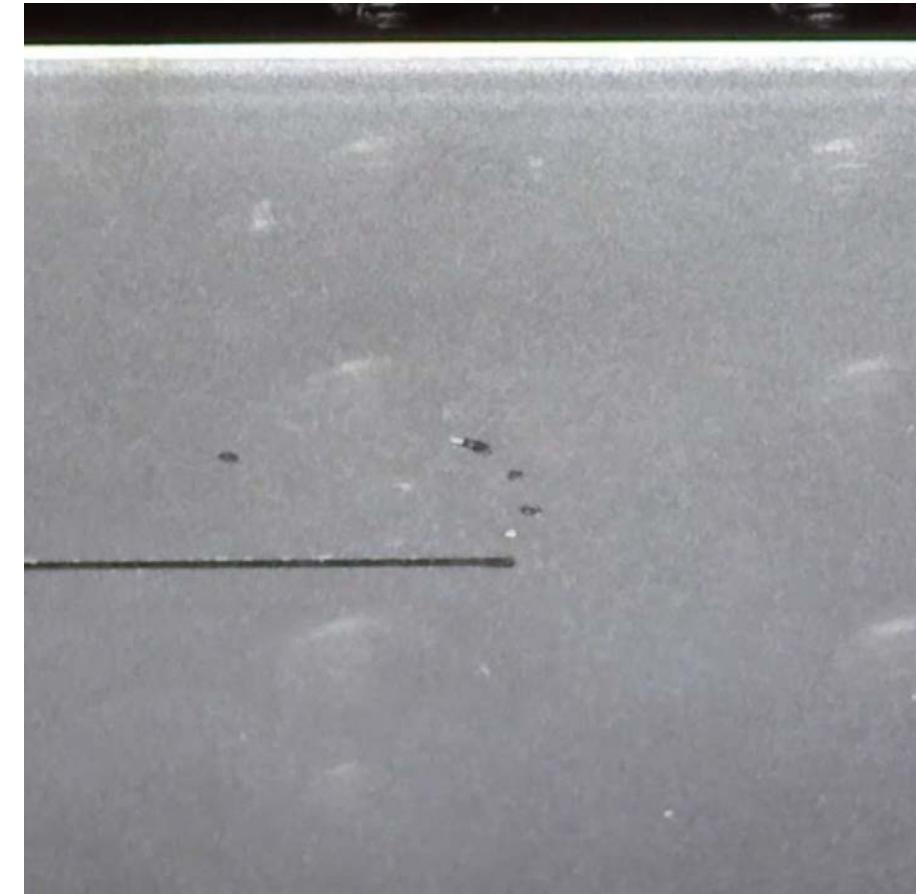
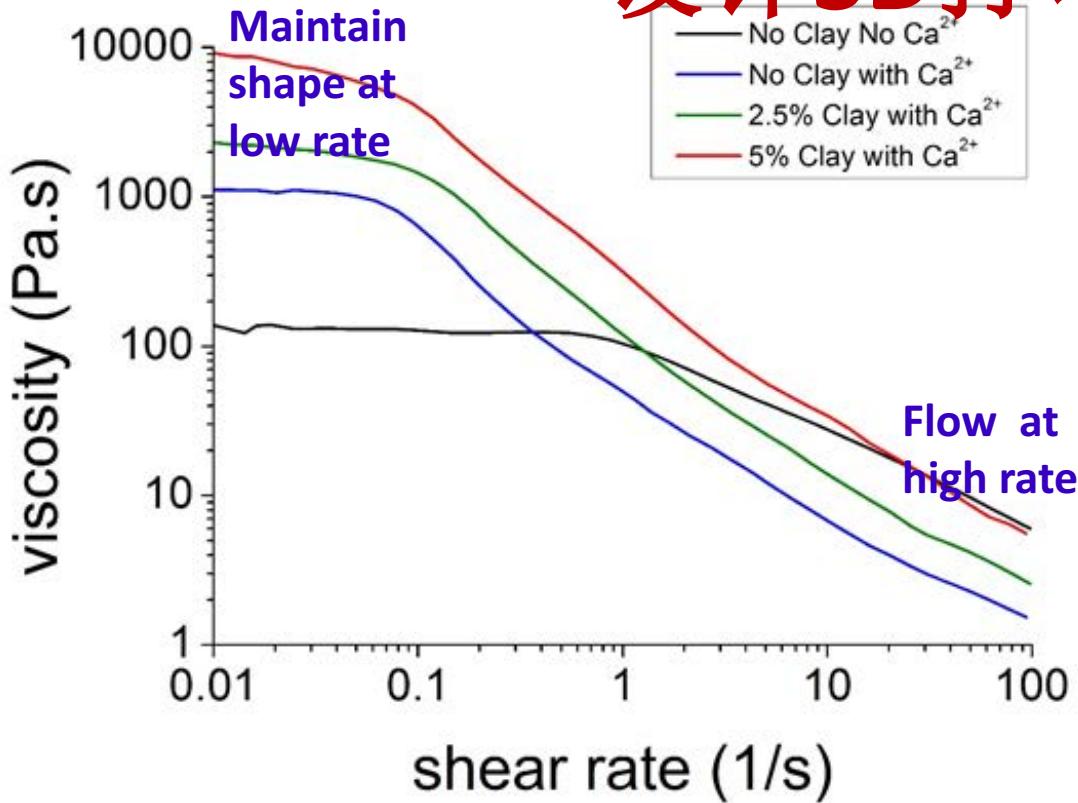


- Micro-extrusion based
- Resolution up to **5um**.
- Printing **multiple** materials in one structure
- Particularly suitable for **soft materials with cells**.

Patent at MIT 在MIT专利

# Design of Inks for 3D Printing

设计3D打印墨水



Ink: Shear-thinned polymer solution  
剪切稀化墨水

Hong et al Advance Materials,  
27, 4035 (2015)

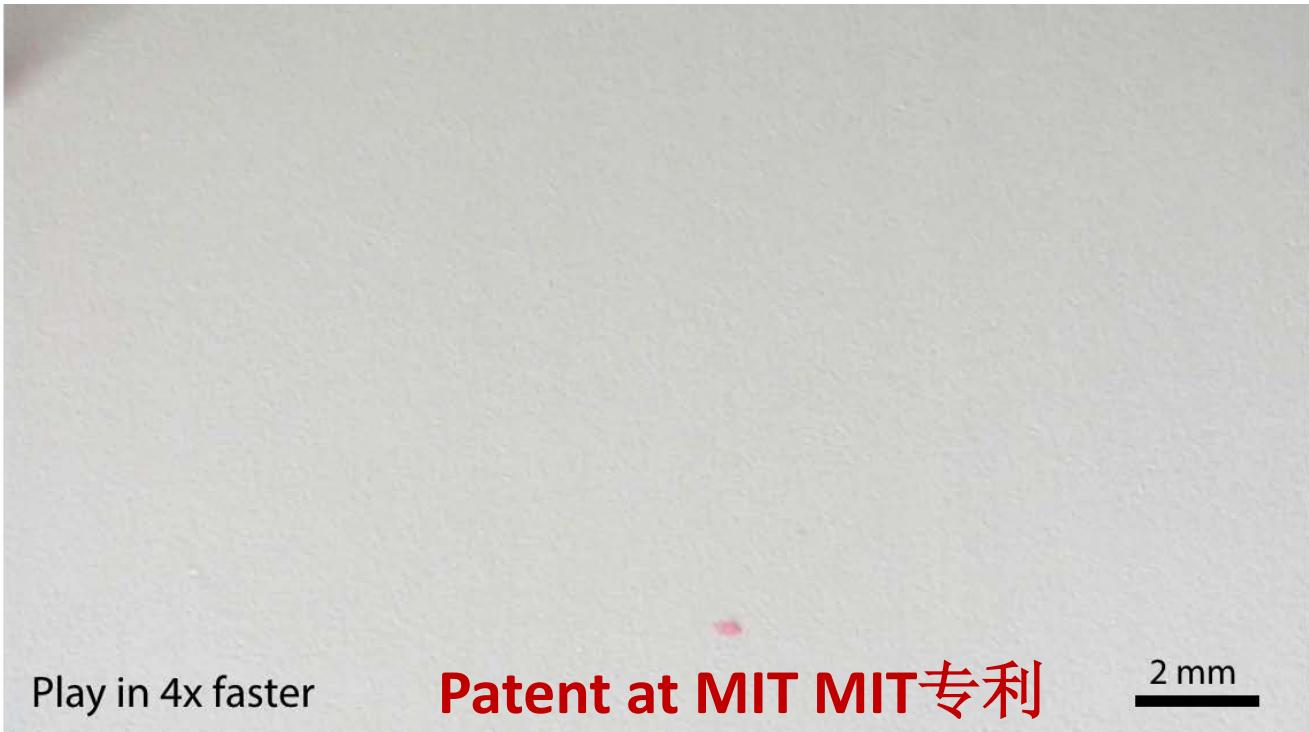
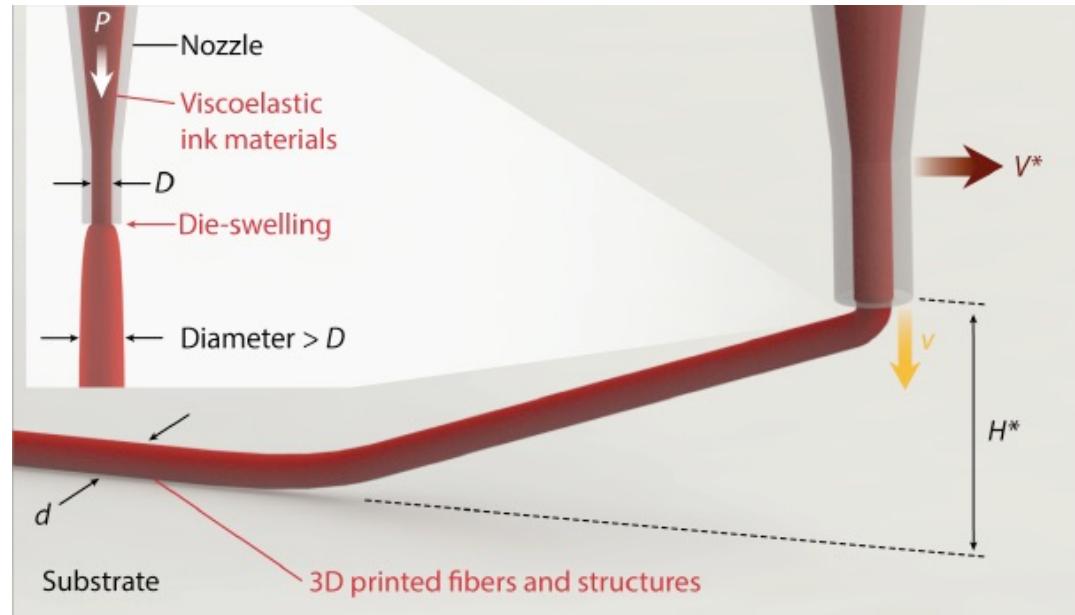
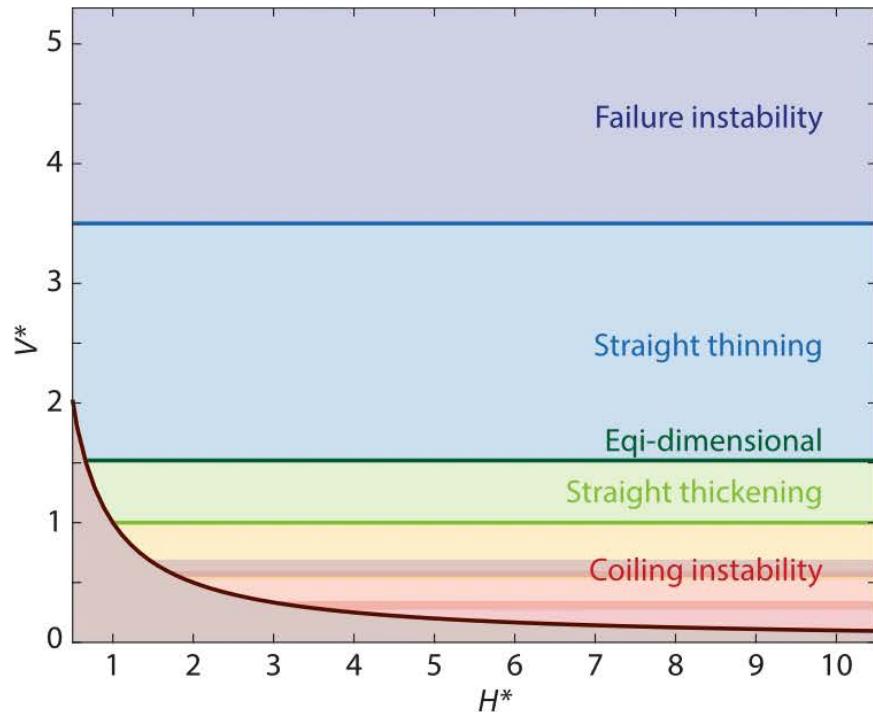
Patent at MIT

# Design of Printing Process and Pattern

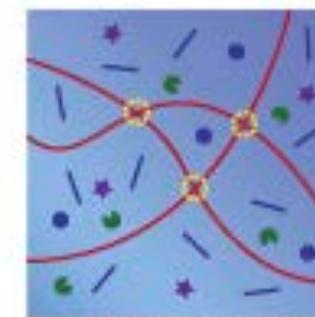
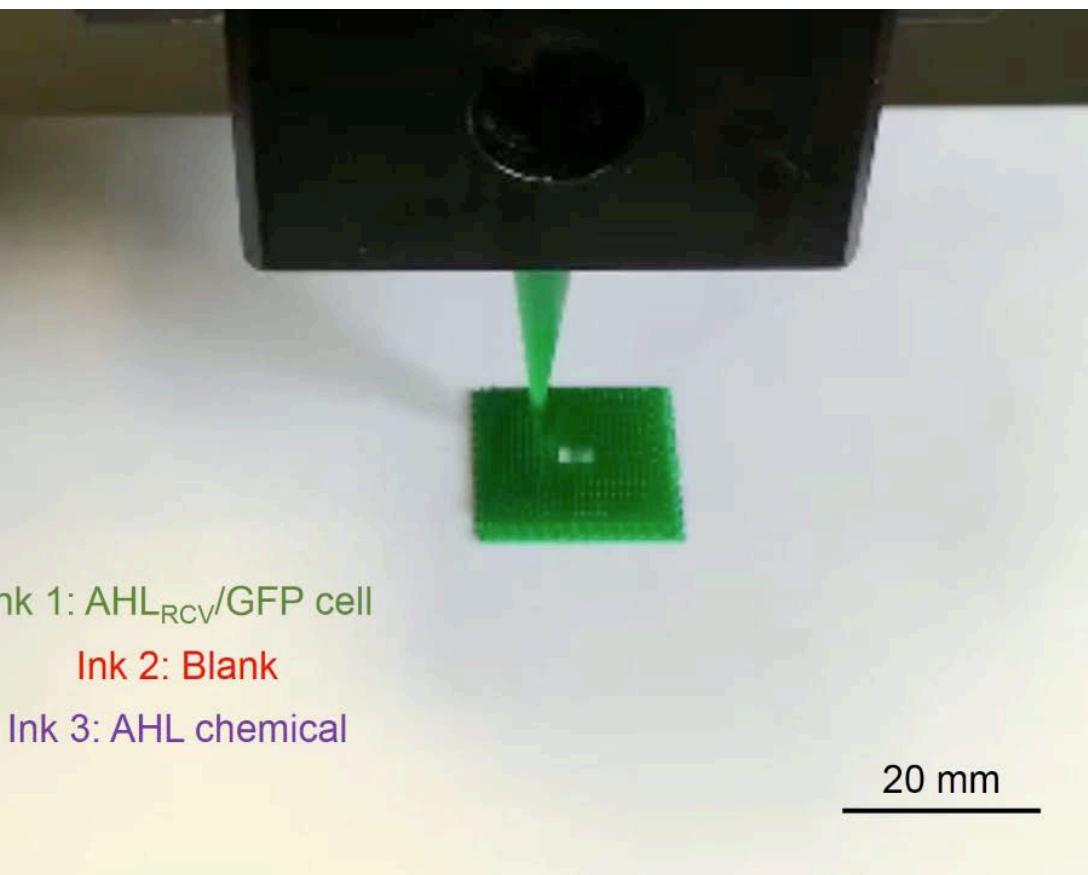
设计3D打印过程和模式

$$P = P(V^*, H^*)$$

Yuk et al, Advanced Materials, In Press



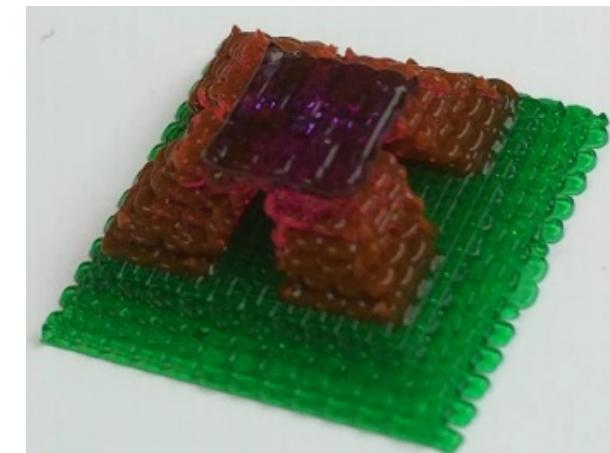
# Step 1: Shape 3D Printing Reversible Networks



- Hydrogel (macro) monomer
- Hydrogel crosslinker
- Photo-initiator
- Oxygen scavenger
- Physically-crosslinked hydrogel network

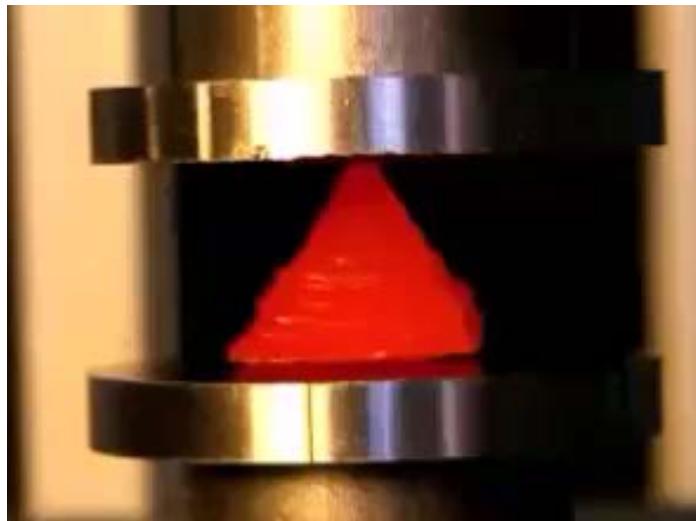
# Step 2: Robustness UV Crosslinking Covalent Network

UV-induced  
polymerization of stretchy network

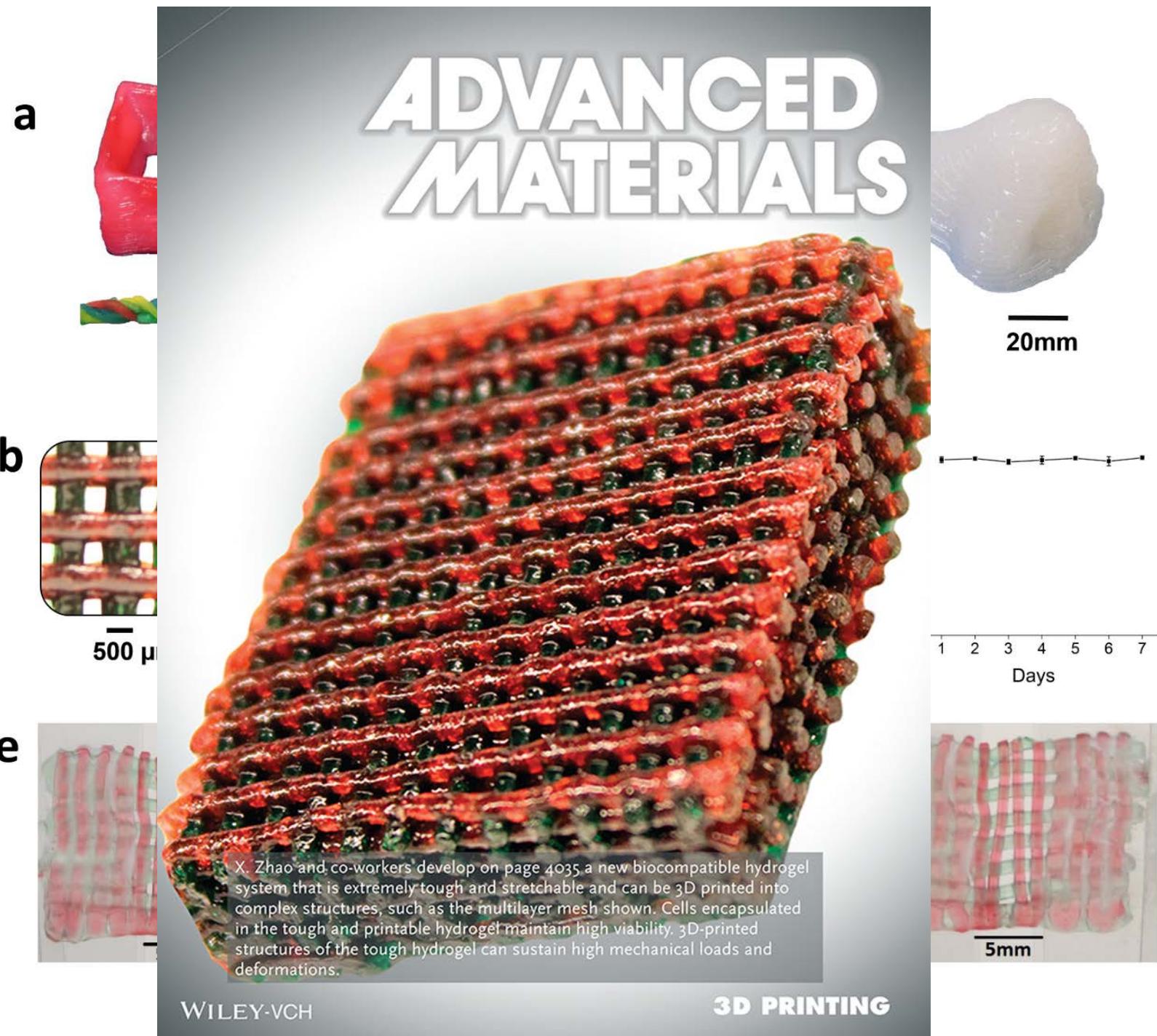


Hong et al Advance Materials, 27, 4035 (2015)

# Robust Microstructures by 3D Printing

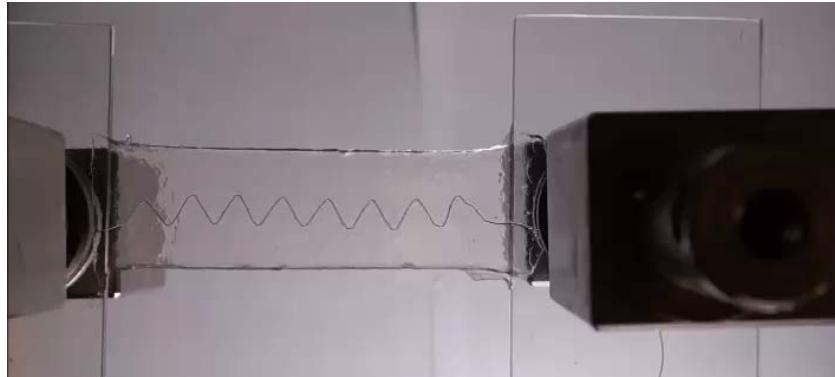


Hong et al Advance Materials, 27, 4035 (2015)



# Integrating Electronics with hydrogels (70~90% water)

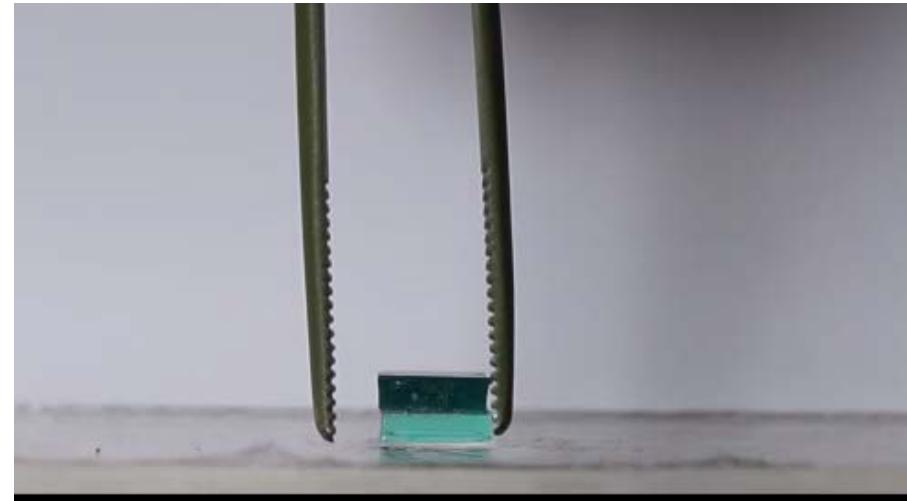
在水凝胶中集成电子元件



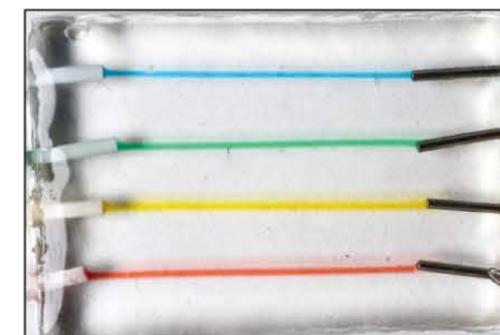
Conductive  
wires



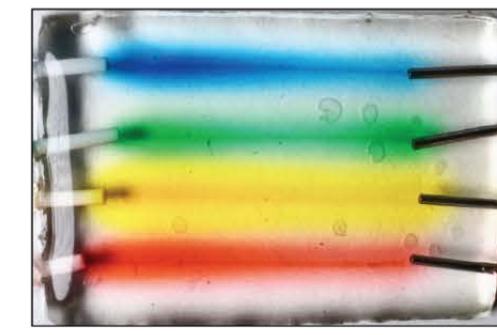
LED  
arrays



Functional  
islands

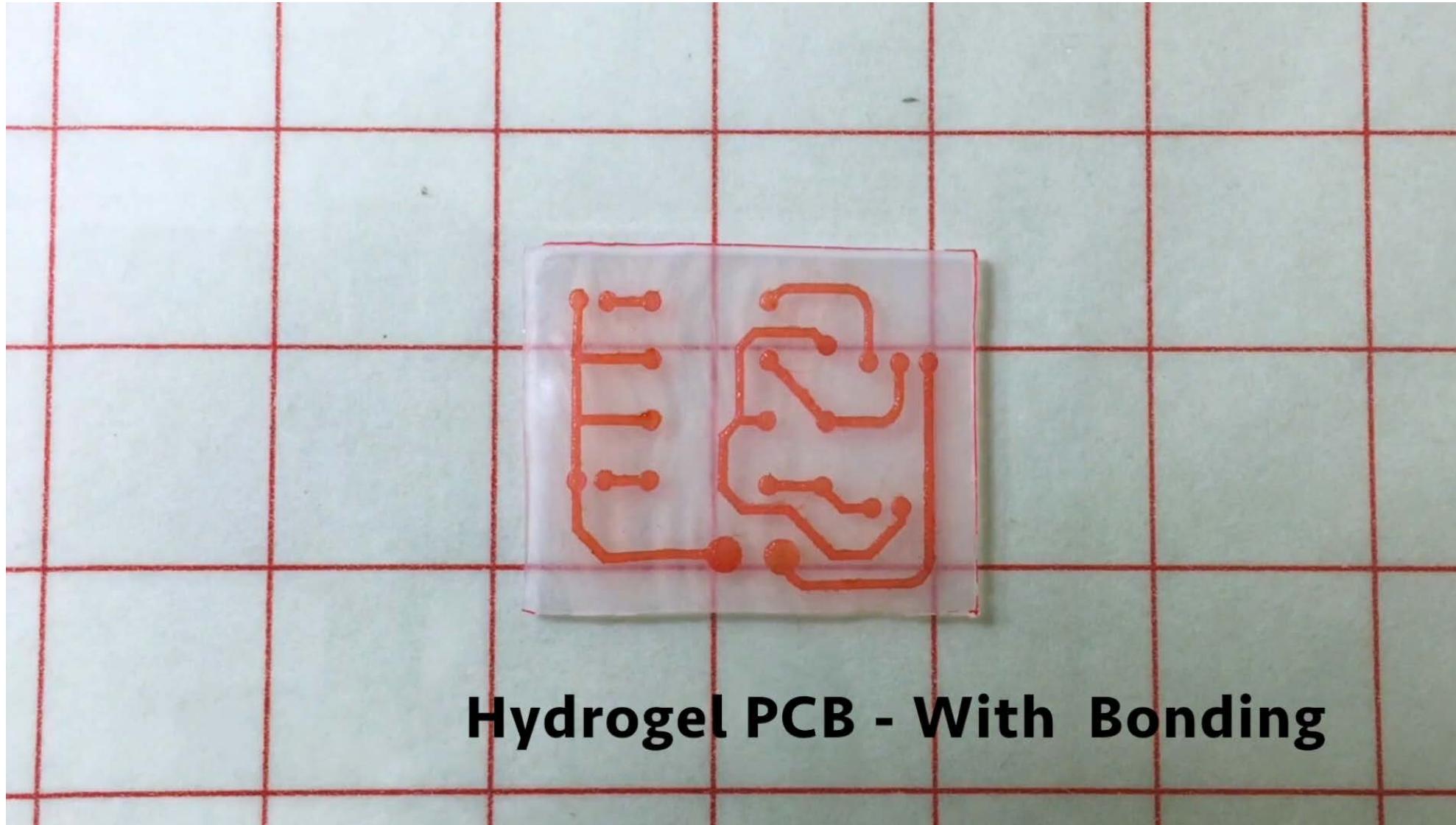


Lin, et al, Advanced Materials, 28, 4497–4505(2016)

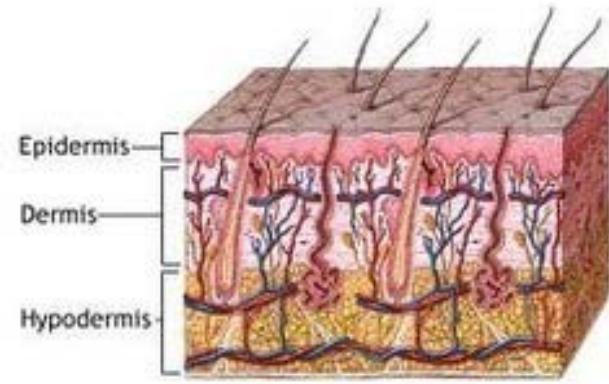


Drug  
delivery  
channels

# Printed Hydrogel Circuit Boards 打印水凝胶电路

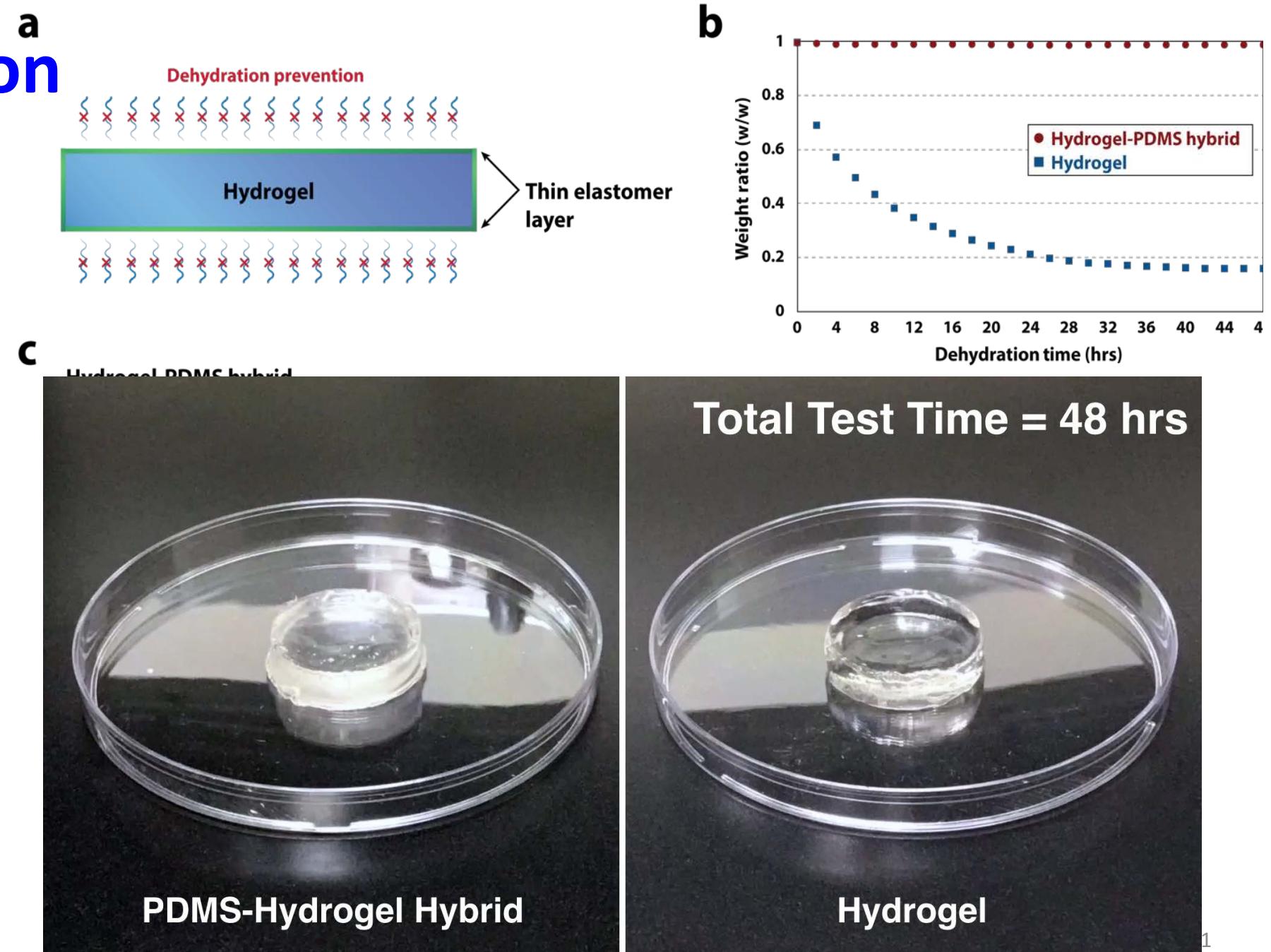


# Anti-dehydration Hydrogel 抗干燥水凝胶



Yuk et al, Nature  
Communications, 7,  
12028 (2016)

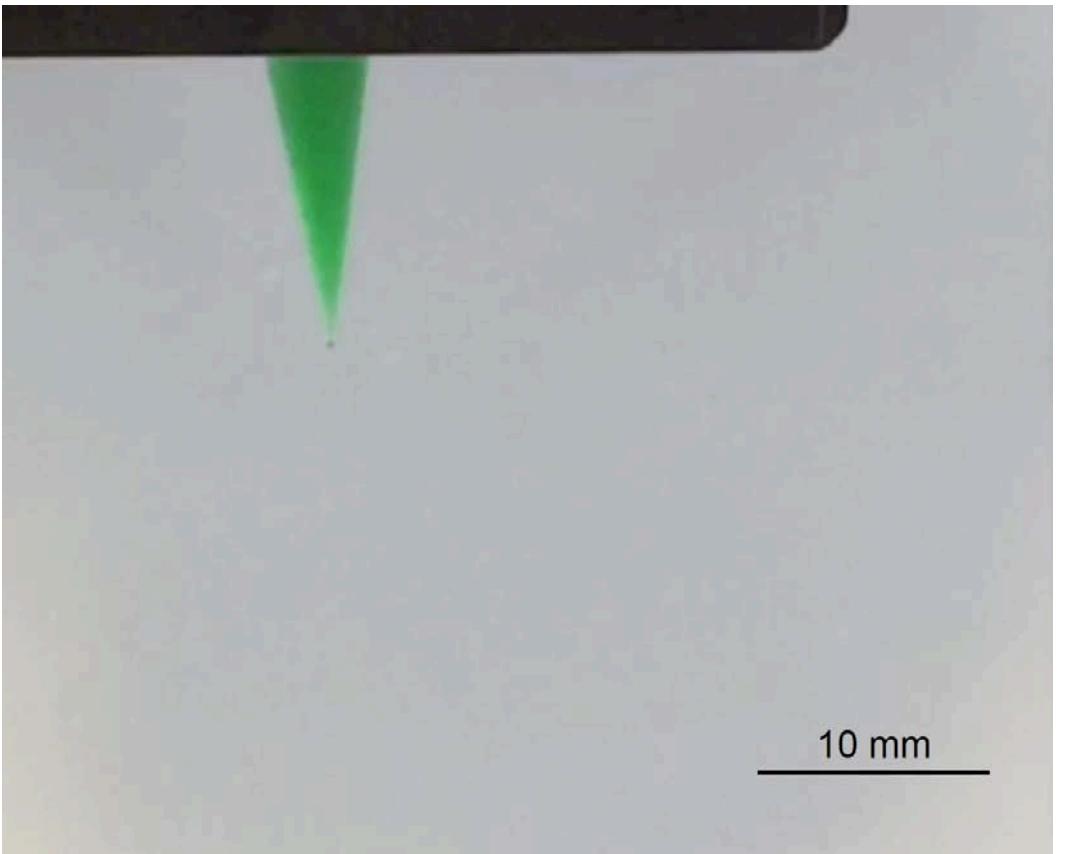
Patent at MIT,  
Liscenced by  
[cirsinc.com](http://cirsinc.com)



# Merging Human Body and Machines: Examples

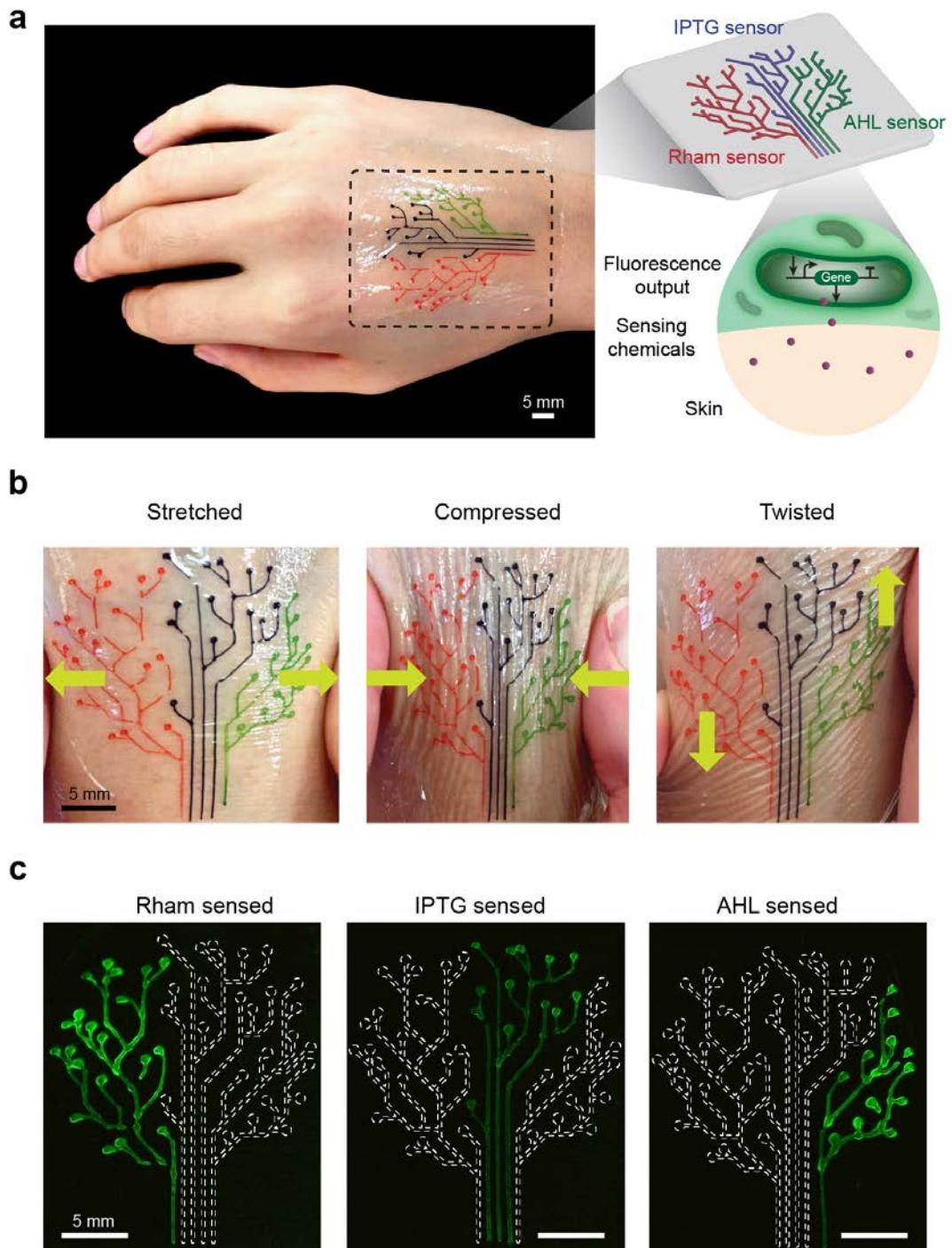
- Merging Skin and Machines 皮肤
- Merging Body Cavities and Machines 身体空道
- Merging Brain and Machines 大脑
- Merging Stomach and Machines 胃

# Merge With Skin: Living Tattoo

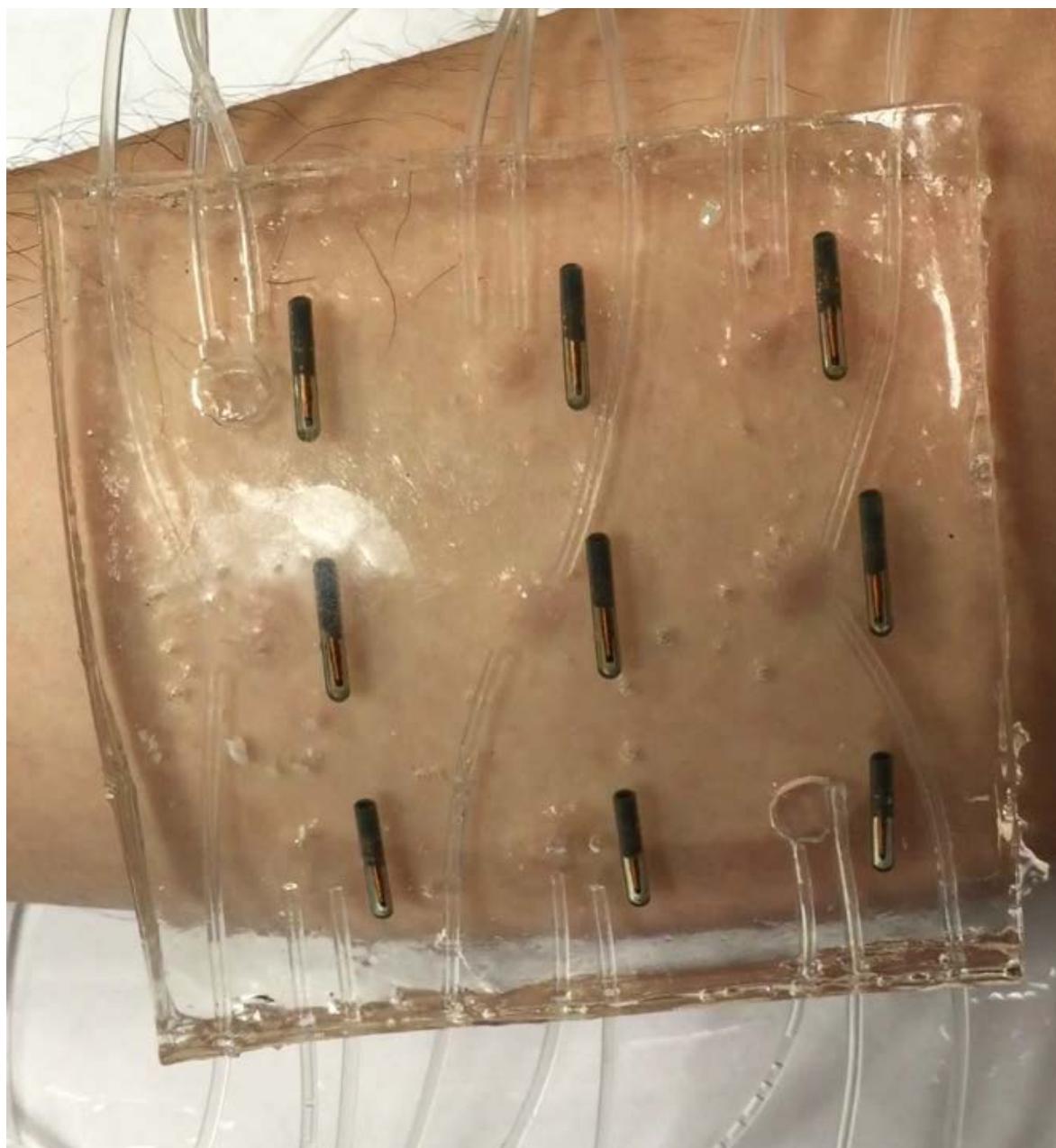
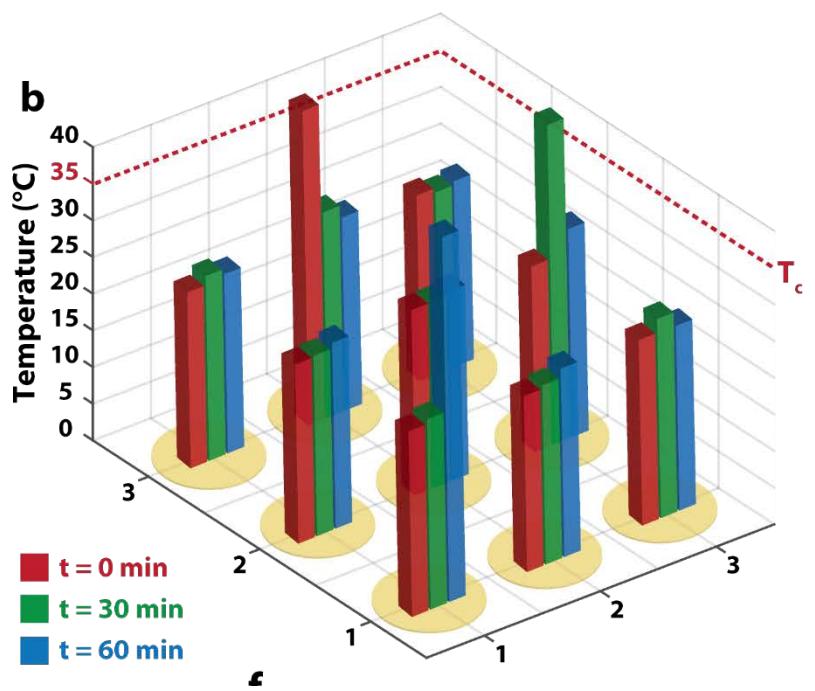
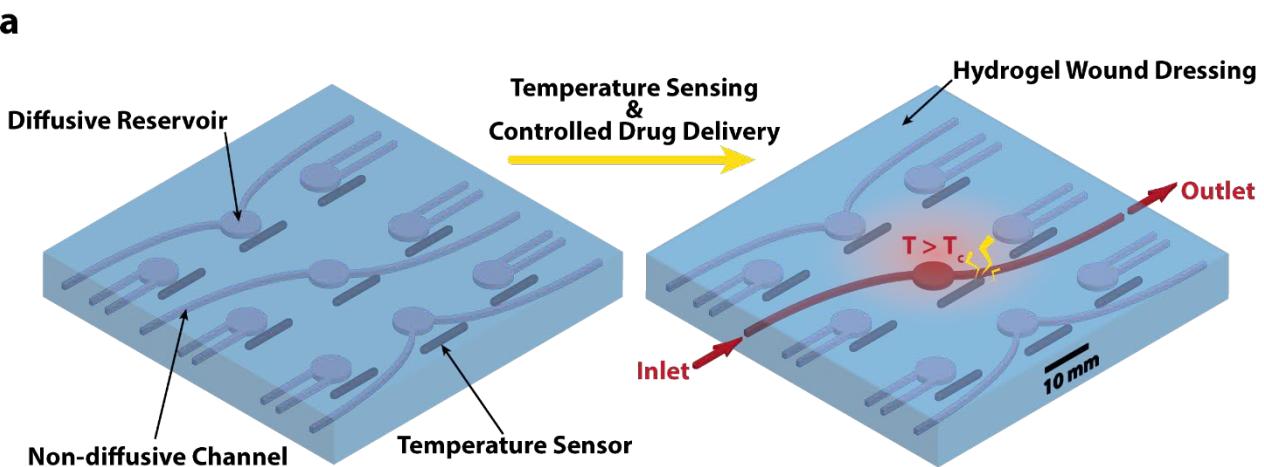


Liu et al, Advanced Materials, In Press

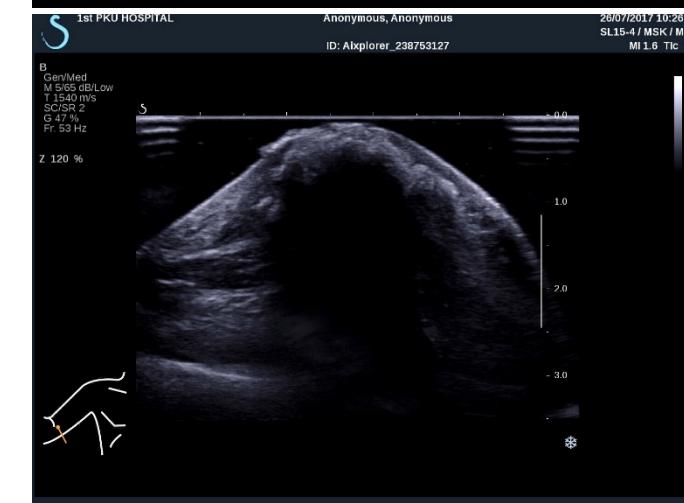
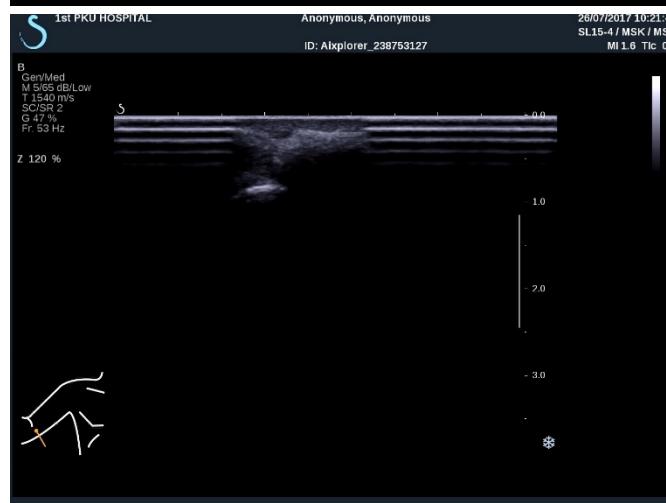
In collaboration with Tim Lu  
Patent at MIT



# MIT Smart Hydrogel Band-Aid



# Solid Ultrasound Gel 固态B超水凝胶介质



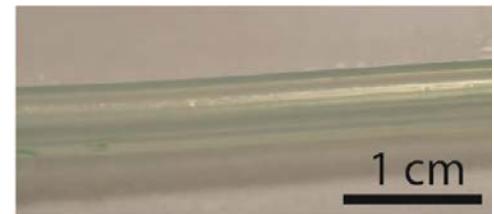
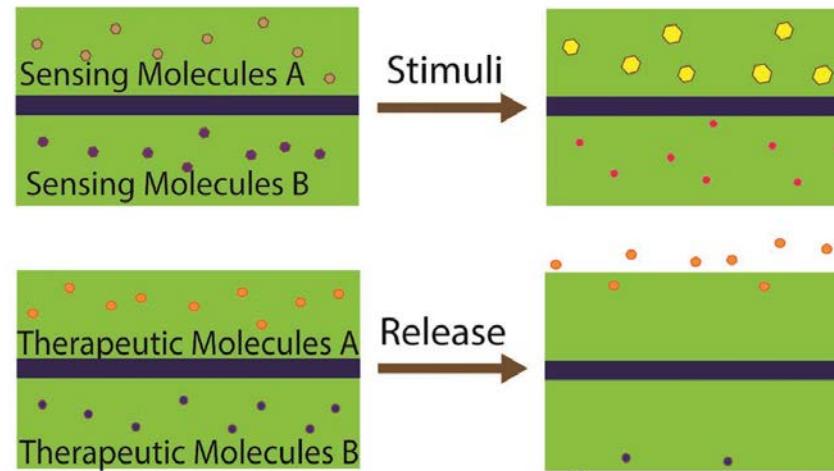
In collaboration with Dr. LZ. Chen from PKU  
Patent from MIT 在通过CFDA审批

# Merge with Body Cavity: Soft Slippery Antifouling Catheter

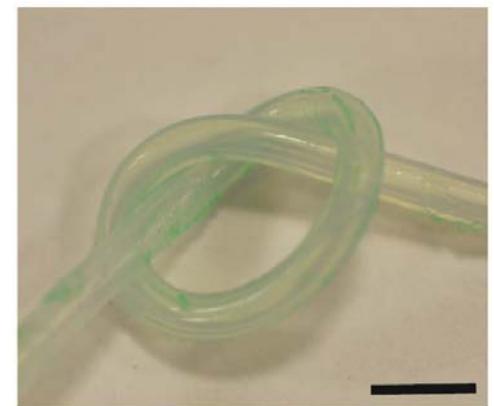
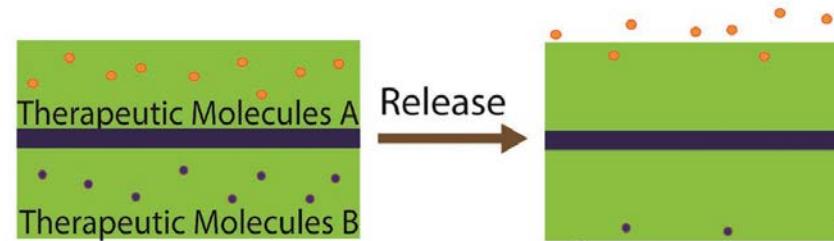
A



B

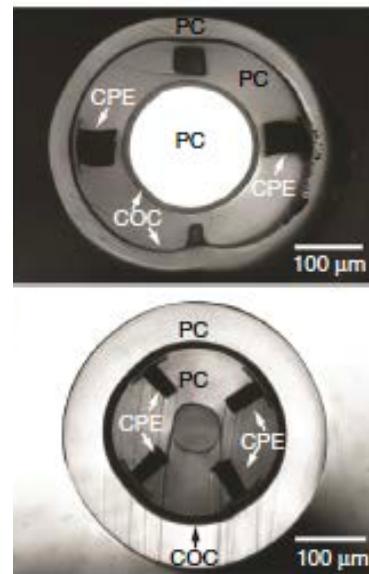


C

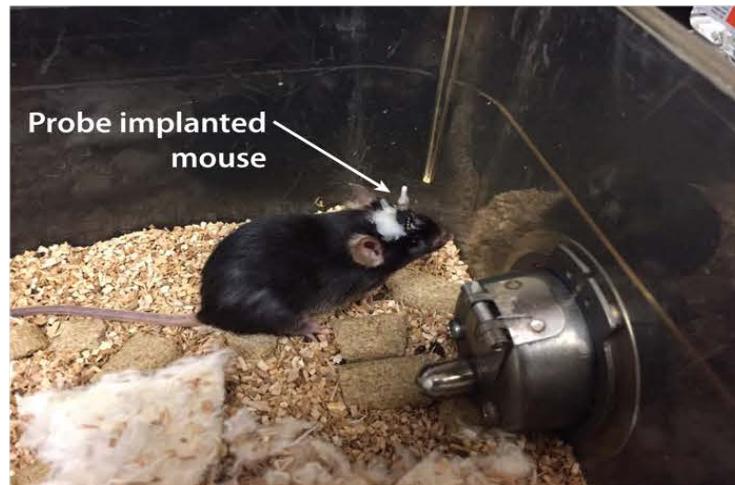
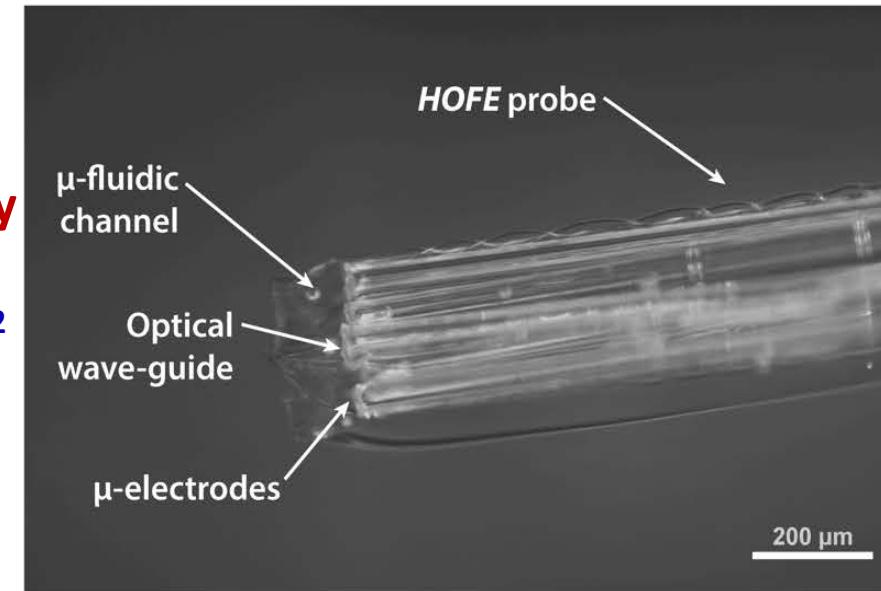


Surface Pair Condition	0.1 [ $s^{-1}$ ]	0.5 [ $s^{-1}$ ]
Steel on wet latex	$0.269 \pm 0.049$	$0.363 \pm 0.144$
Steel on hydrogel laminate	$0.078 \pm 0.008$	$0.096 \pm 0.014$
Steel on hydrogel	$0.082 \pm 0.018$	$0.106 \pm 0.016$
Latex on wet latex	$0.216 \pm 0.017$	$0.291 \pm 0.081$
Latex on hydrogel laminate	$0.082 \pm 0.016$	$0.114 \pm 0.020$
Hydrogel laminate on hydrogel laminate	$0.022 \pm 0.004$	$0.024 \pm 0.001$

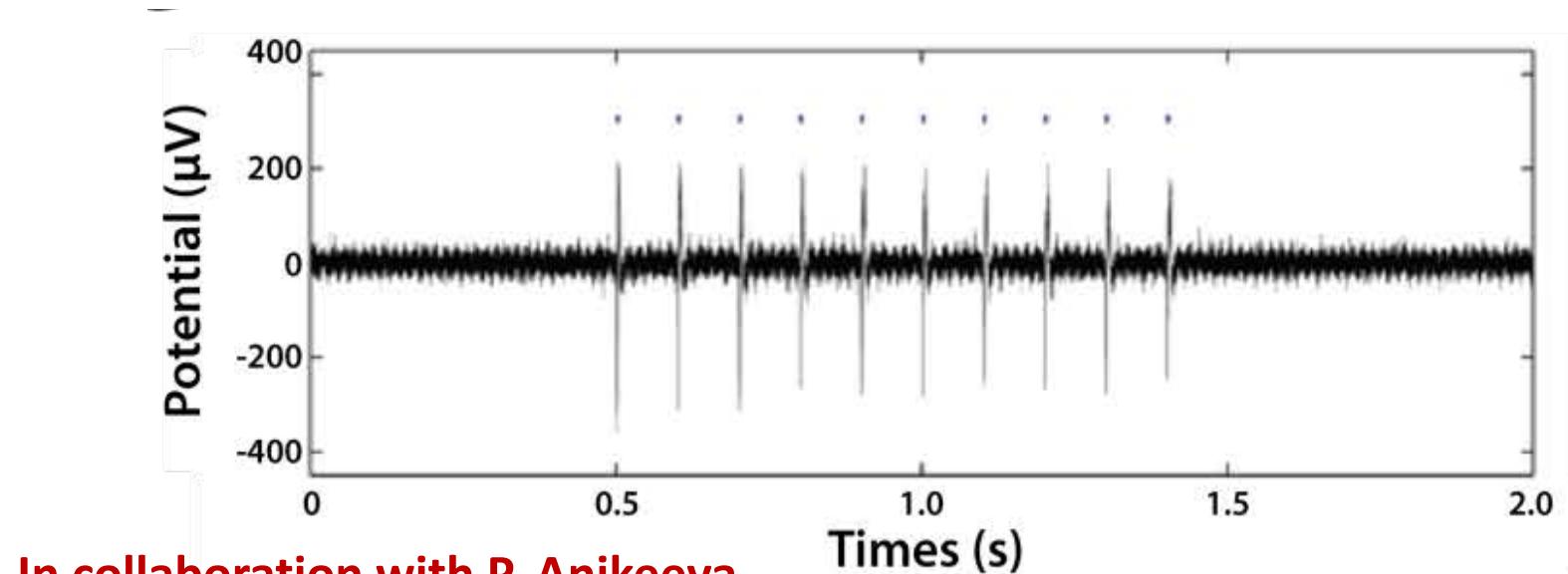
# Merge With Brain: Hydrogel Neural Probe



**Hydrogel Probe Body**  
**Rigidity: 1~100kPa**  
**Toughness: 1000Jm<sup>-2</sup>**



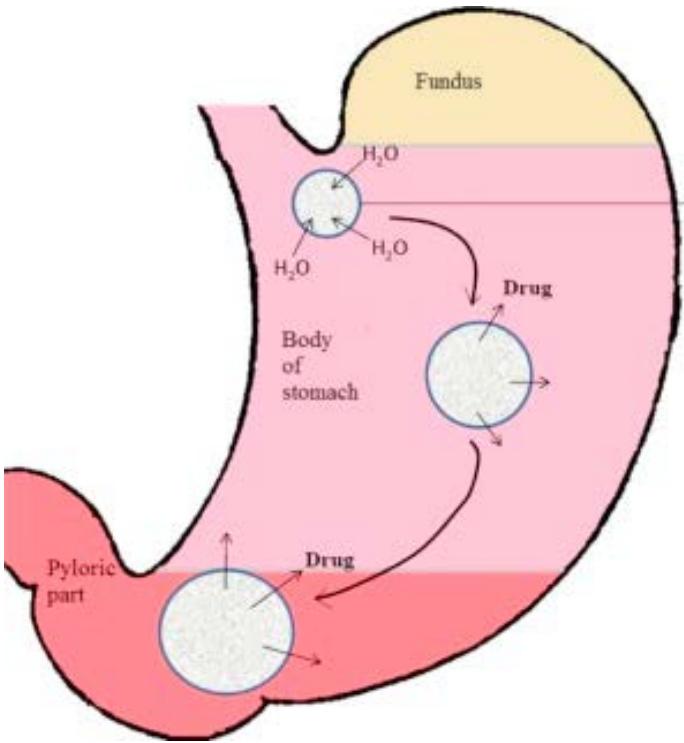
Yuk et al, Unpublished



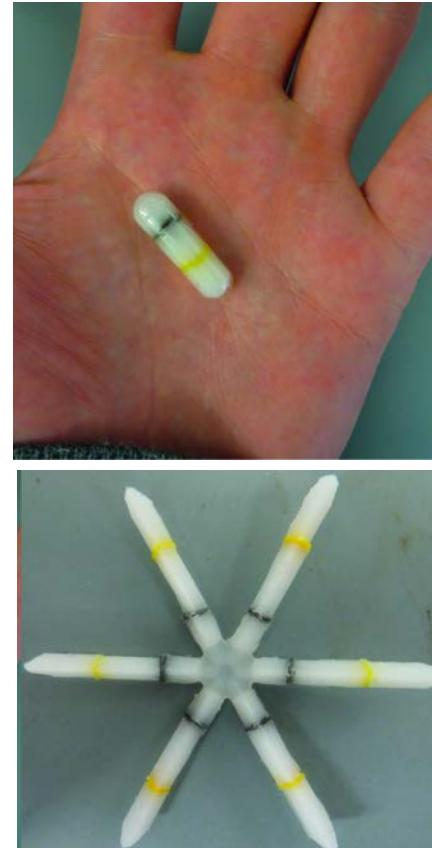
In collaboration with P. Anikeeva

# Merge With Stomach: One Pill Per Week/Month

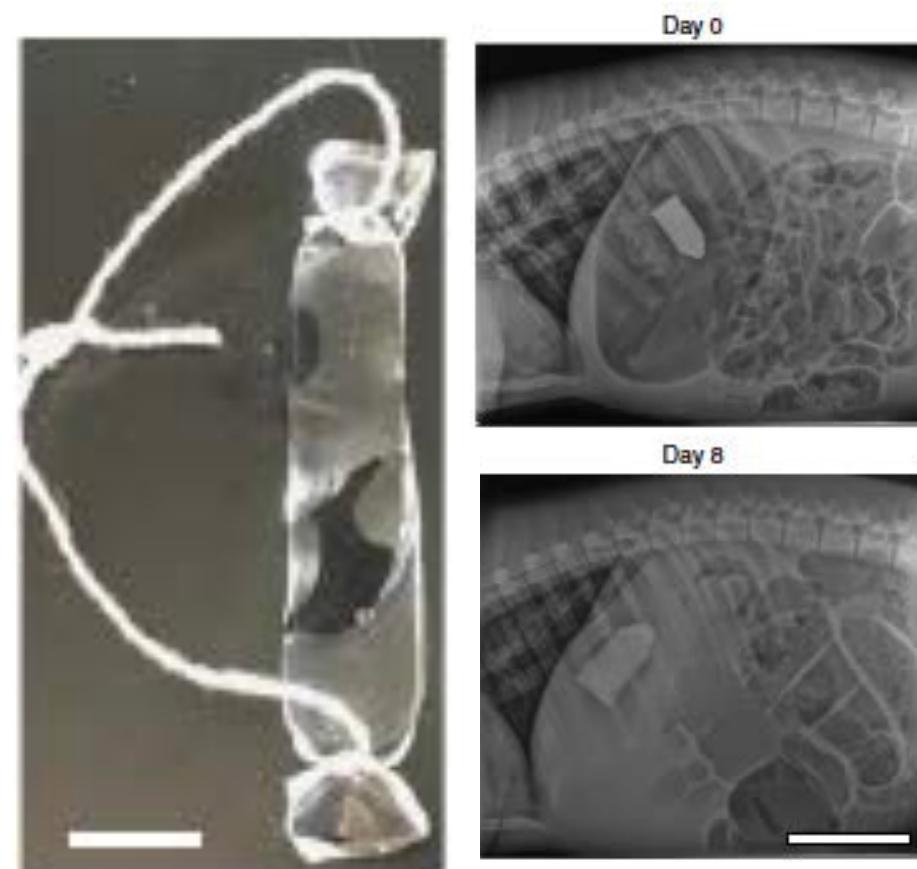
“One of the biggest issues in health care is noncompliance, people simply not taking their drugs”, we need “to develop ultra-long-lasting capsules, which could be taken once a week or once a month.” **Robert Langer MIT**



Gastric retentive system



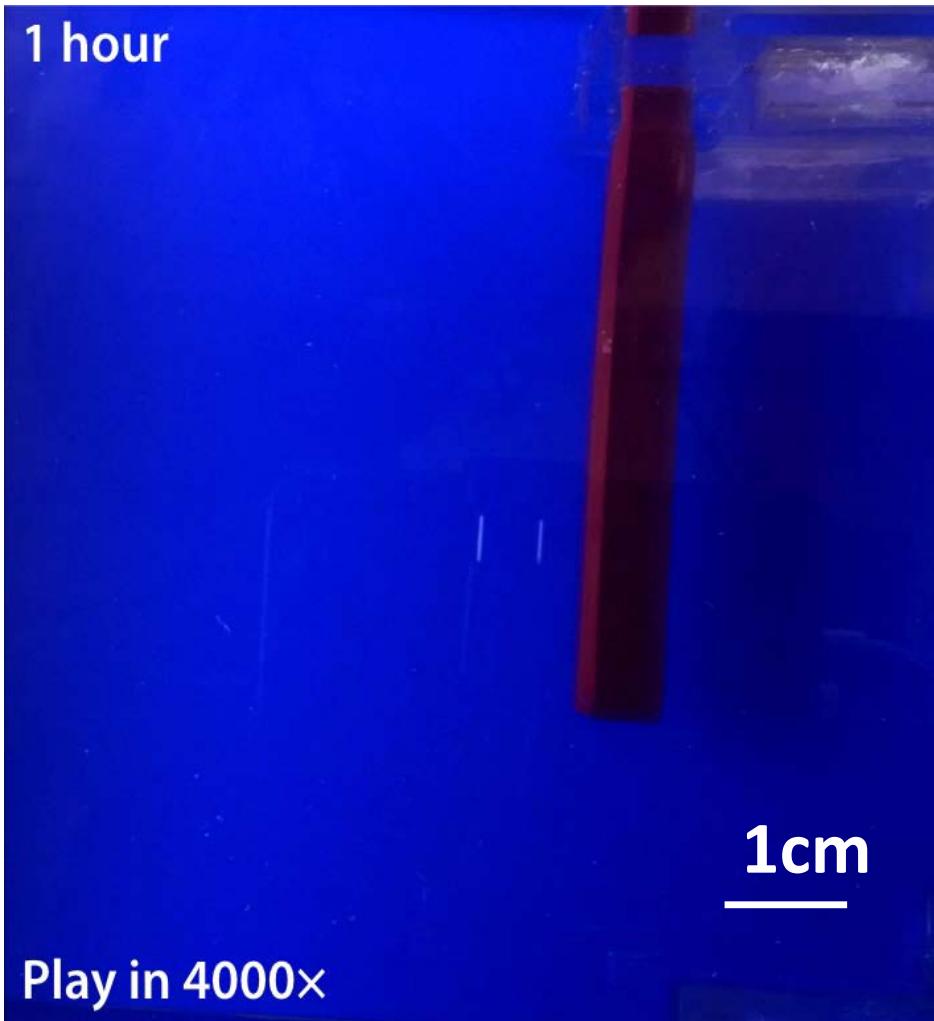
Rigid-polymer based



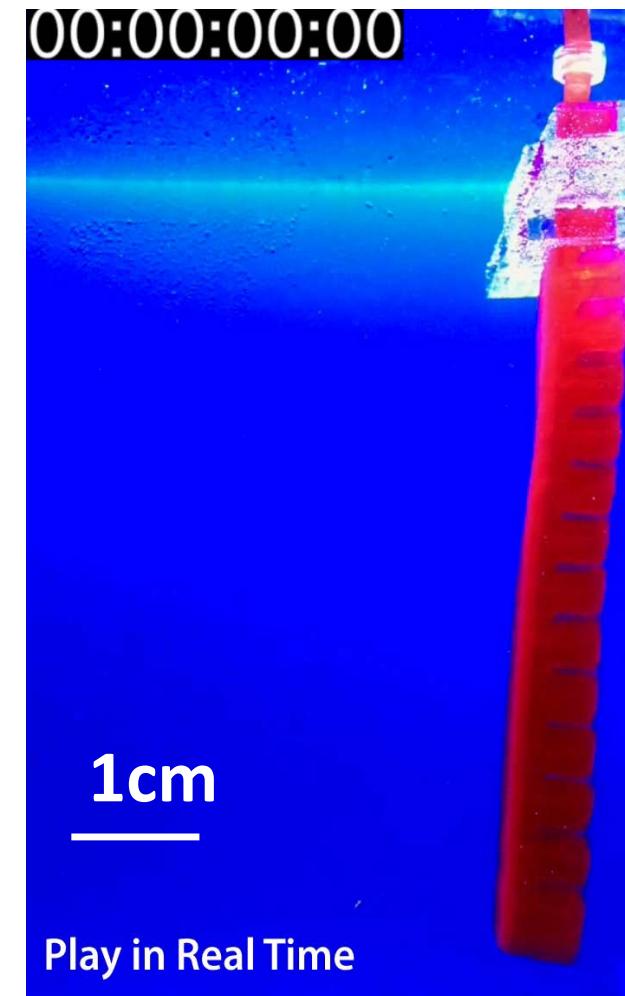
Robust-hydrogel based

# Muscle: Hydraulic Hydrogel Actuators and Robots

## Osmotic Actuation



## Hydraulic Actuation

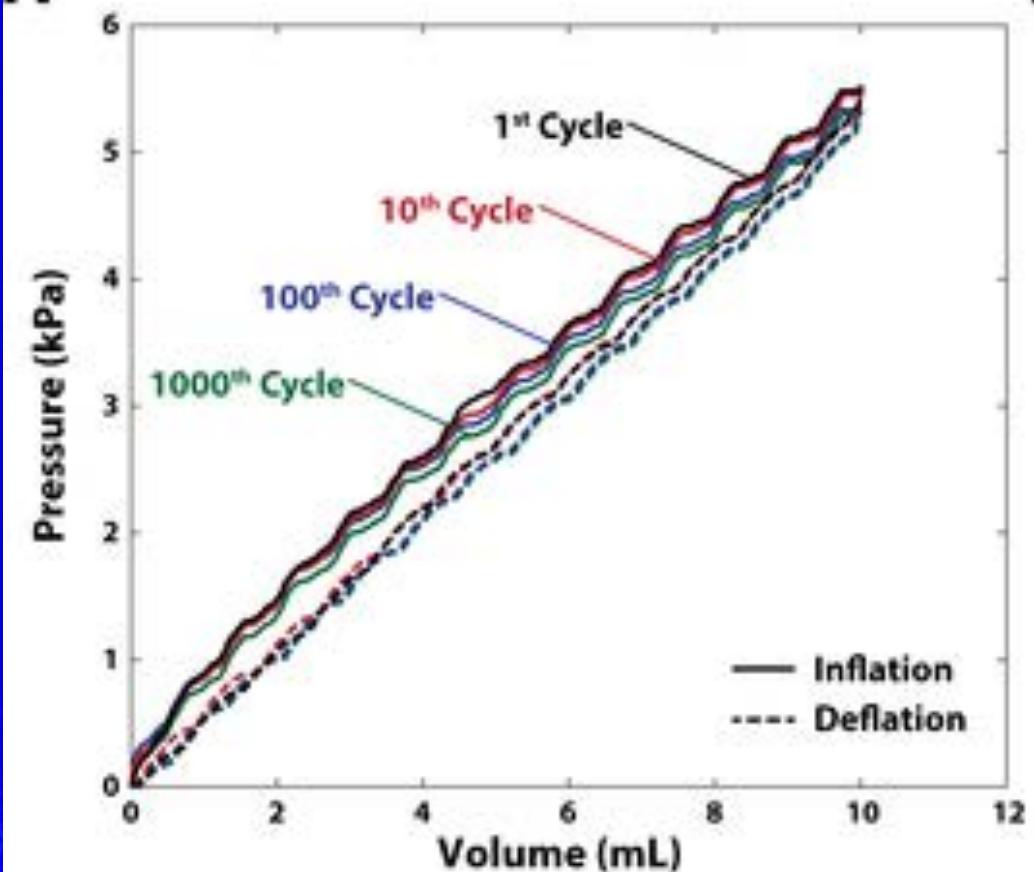


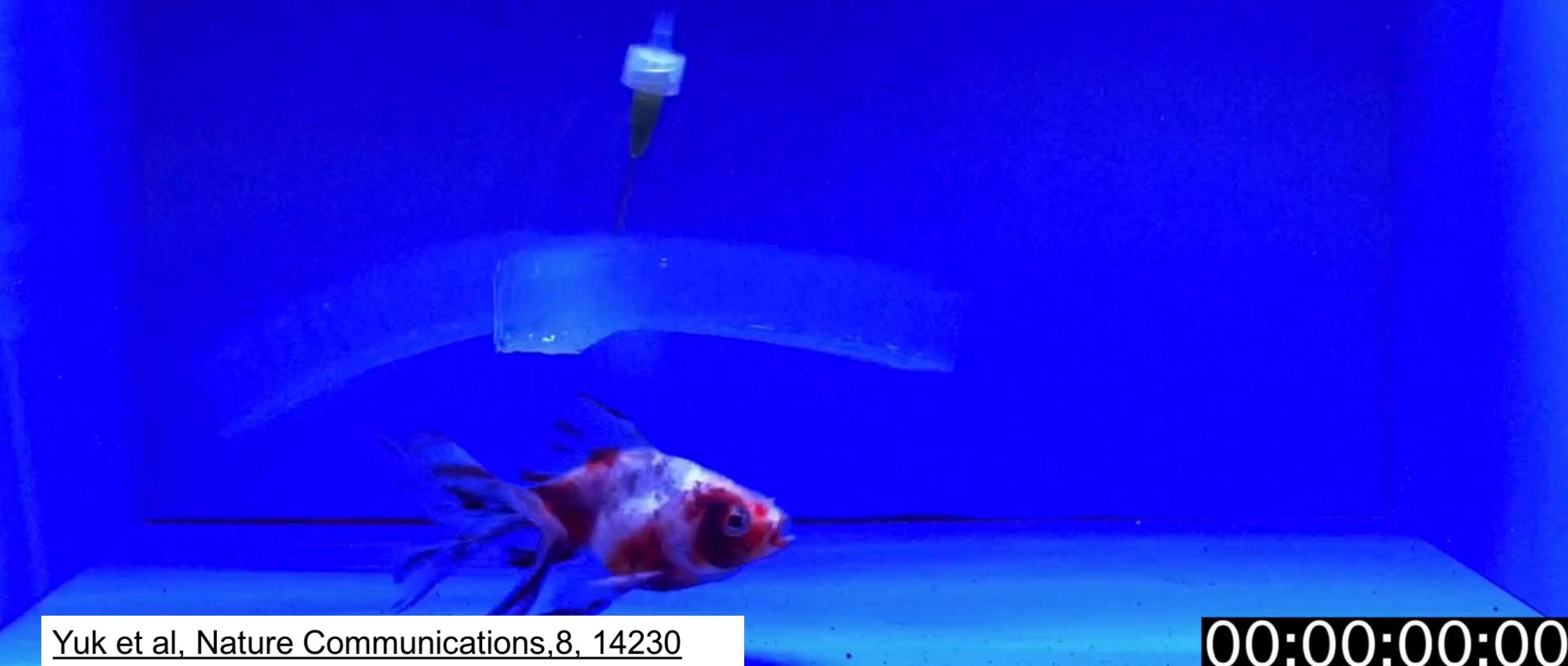
## Play in Real Time



00:00:00:00

- Actuation force: >10N.
- Responsive time: <1s.
- Optically and sonically camouflaged in water





# Acknowledgement

## Group Members

- Hyunwoo Yuk
- Shaoting Li
- Xinyue Liu
- Teng Zhang
- German Alberto
- Yoonho Kim
- Ruike Zhao
- Vivas Chan
- Baoyang Lu
- Yan Yu
- Kai Zhang
- Grace Goon



Shaoting Li



Hyunwoo Yuk

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- Prof. David Mooney, Harvard
- Prof. Joost Vlassak, Harvard
- Prof. Kam Leong, Columbia
- Prof. Farshid Guilak, Duke



NSF CAREER  
Award



ONR YIP  
Award



Institute for Soldier  
Nanotechnologies  
Intranet



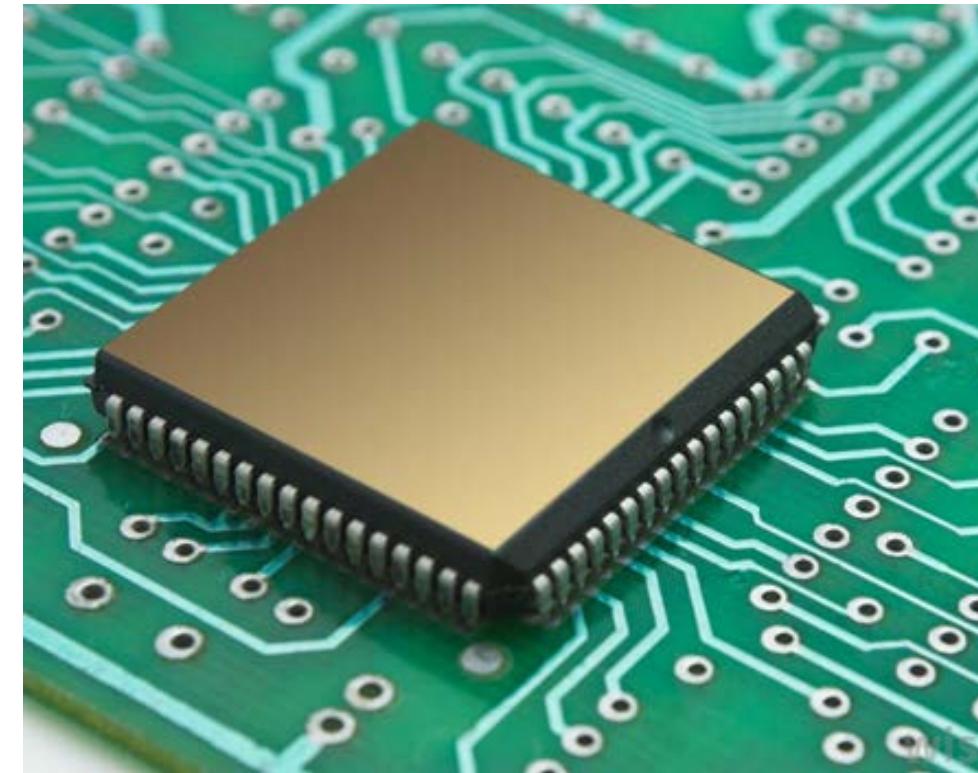
# Thank you! Questions?



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柔软,含水,生命



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[zhaox.org](http://zhaox.org)



**Hard, Dry, Non-living**  
坚硬,干燥,无生命